

CHAPTER V

CONCLUSIONS AND SUGGESTIONS

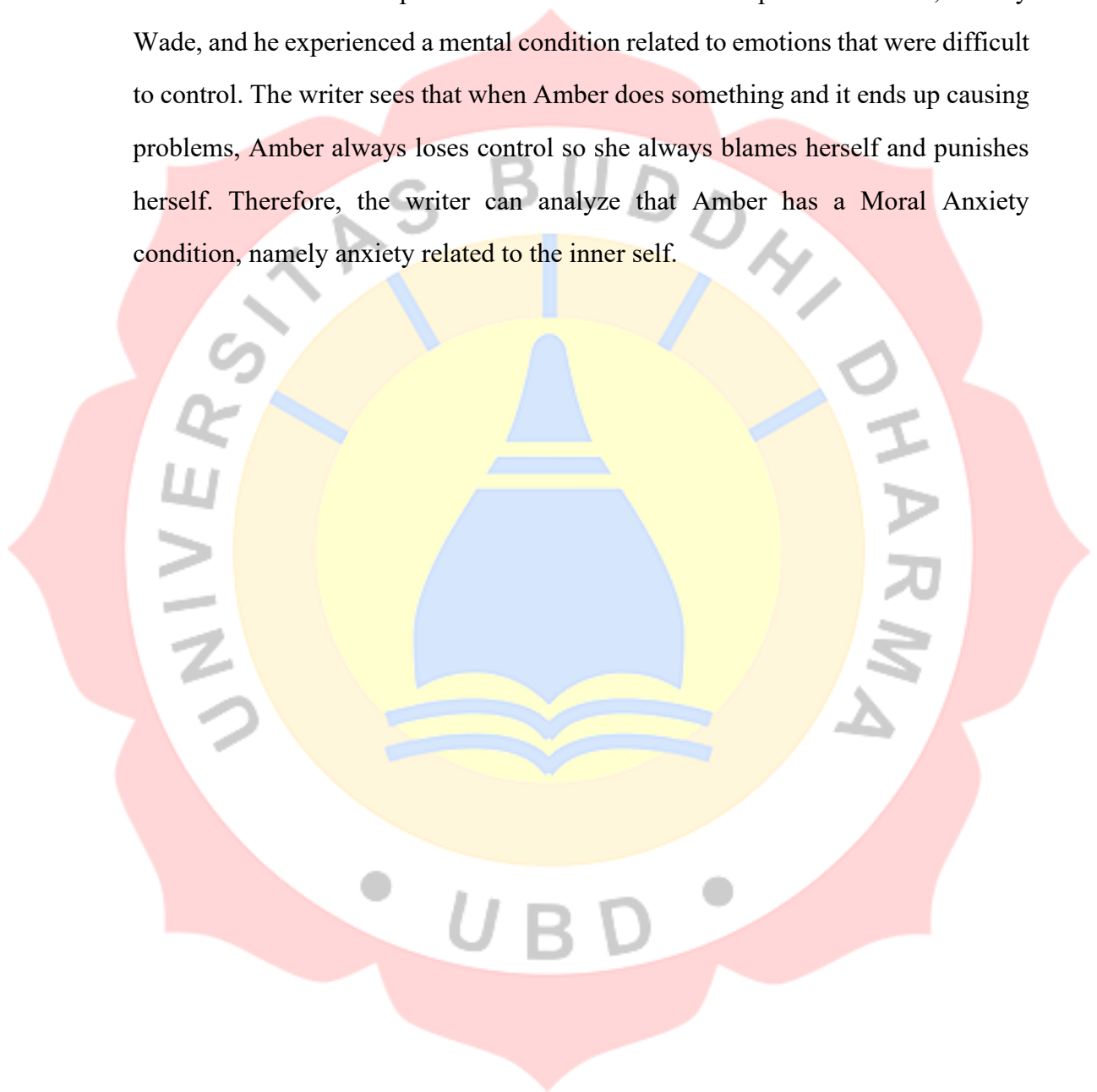
In this chapter, the writer will provide conclusions and suggestions after analyzing the type of anxiety problems experienced by the main character in the film "Elemental Forces of Nature". The conclusions and suggestions from this analysis are as follows:

5.1 Conclusion

Based on analysis of data that the writer has collected and analyzed. We can conclude that in this film there are 3 types of anxiety shown in this film. Neurotic anxiety, realistic anxiety, and moral anxiety. However, after the writer collected data and qualified it, it was seen that moral anxiety was the most frequently displayed in this film. Moral anxiety has 8 data that have been collected. Next, neurotic anxiety has 7 data. And the next anxiety is realistic which has 7 data.

Firstly, the main character in the film is named Amber Lumen, who is the writer of research material to find the location of the problems in the film Elemental Forces of Nature. It turns out that Amber has a very prominent anxiety problem that is very difficult for her to control. Excessive or abnormal anxiety problems originate from several problems in the surrounding environment. Since Amber was born, Amber's father, Bernie, has had huge hopes for her. Amber must continue her father's shop when Amber grows up, controlling her emotions, controlling her thought patterns,

and finding her identity. But as time went by, Amber felt that she was too pressured and too ambitious to repay her parents and did not want to disappoint them. However, Amber doesn't realize that she has lost her identity as a result of pushing herself too hard for her parents. until he had to lose the person he loved, namely Wade, and he experienced a mental condition related to emotions that were difficult to control. The writer sees that when Amber does something and it ends up causing problems, Amber always loses control so she always blames herself and punishes herself. Therefore, the writer can analyze that Amber has a Moral Anxiety condition, namely anxiety related to the inner self.



5.2 Suggestions

In this section, the writer tries to outline suggestions for this research. First, readers must understand what anxiety is, types of anxiety, characteristics of anxiety, and so on. This is so that readers can understand the flow and results of research using anxiety theory which has 3 types, namely neurotic, realistic and moral. Then after the reader understands the basic theory the reader will know that there is an anxiety problem in the main character Amber in the film Elemental Forces of Nature. and finally, readers will provide input in the form of suggestions and criticism to develop new ideas and motivate readers to always care about mental health.

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APPENDIXES









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July 24, 2024

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2024-04-05	Konsultasi dan penulisan BAB 1 s/d 2.	
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2024-05-08	Revisi BAB 3 s/d 4, lanjut penulisan BAB 5	
2024-05-31	Revisi BAB 4 dan 5	
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Diketahui

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