

CHAPTER V

CONCLUSION AND SUGGESTION

In this chapter of the research, the writer presents the conclusion and suggestions regarding this research anxiety experienced by Connell Waldron. The first part is the conclusion that is based on the research answer to the research question mentioned in the previous chapter. The second part is the suggestions from the writer for the readers and future researchers regarding the research.

5.1 Conclusion

The research focuses on the analysis of anxiety experienced by Connell Waldron the main character in a novel titled *Normal People*. In this analysis, the writer uses Sigmund Freud's theory on anxiety, which explains three types of anxiety: realistic or reality anxiety, neurotic anxiety, and moral anxiety. The writer analyzes Connell's experience of facing anxiety based on these three types of anxiety. In the analysis, the writer then discovers that Connell Waldron, who is prone to man appears to be experiencing anxiety in the three types of anxiety

Based on the findings that the writer has analyzed, the anxiety that Connell experienced is all of the three types of anxiety. The more dominant experience of anxiety that occurs more often is neurotic anxiety. Then the second dominant experience is moral anxiety which occurs more than three times. Alongside those most dominant three types of anxiety experienced by Connell, there is the least anxiety which is realistic anxiety

First, the neurotic anxiety which is the most experienced by Connell. His neurotic anxiety is mostly revealed in his internal struggles such as insecurities, fear of judgment, and self-doubt. Connell's neurotic anxiety is shown in how he overthinks and expects the worst even though there is no actual threat. It all comes from his internal psychological issues. In the experience of neurotic anxiety, Connell's anxiety is also revealed in how he suffers from panic or panic attacks indicated by the physical symptoms which is a form of manifestation of neurotic anxiety. Secondly, moral anxiety is also a dominant one that is experienced by Connell. The relationship dynamic of Connell and Marianne is affected by this

moral anxiety. His moral anxiety is revealed in his fear of being judged by others especially his social circle in high school. This anxiety happens because his relationship is not a normal one as Connell's social circle sets societal expectations to perceive that having a relationship with Marianne who is disliked and unpopular is against the norm. He disregards his feelings and relationship with Marianne because there are consequences such as losing his social life and being ostracized by his friends. Based on the findings, the writer also finds that Connell's anxiety is revealed in how he feels guilty because he does not meet his moral standards and thinks about violating his morals. Lastly, the writer found that Connell also experienced realistic anxiety which is triggered from the external world danger. In the case of Connell, his realistic anxiety is shown in anxiety regarding the financial crisis and also social interaction with other people which disturbs him.

5.2 Suggestions

In this part, the writer would like to provide some suggestions for future researchers who are interested in analyzing objects in literature related to the topic anxiety. The first suggestion is to have a deep understanding of the theory itself, such as the symptoms and causes of anxiety. The writer also would like to suggest taking another angle in this theory that focuses on the other main character, Marianne Sheridan, who also suffers from psychological issues. For those who are interested in analyzing the same object, the writer would like to add a suggestion to researchers to analyze Connell's character from another psychological aspect such as his inferiority issues and attachment issues which are present in the cause of his anxiety in general in depth.

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CURRICULUM VITAE



PERSONAL DETAILS

Name : An Nisa Fitri Rahmadhani

Address : Jl. Pembangunan IV No. 52 RT. 02/12 Kel. Karangsari
Kec. Neglasari Kota Tangerang.

Ph. Number / Email : 0895610836166 / annfitra@gmail.com

Place and Date of Birth : Tangerang, 07 November 2002

Sex : Female

Nationality : Indonesian

WORK EXPERIENCE

September 2018 – October 2018 : Kelurahan Karangsari as an Intern

EDUCATIONAL BACKGROUND

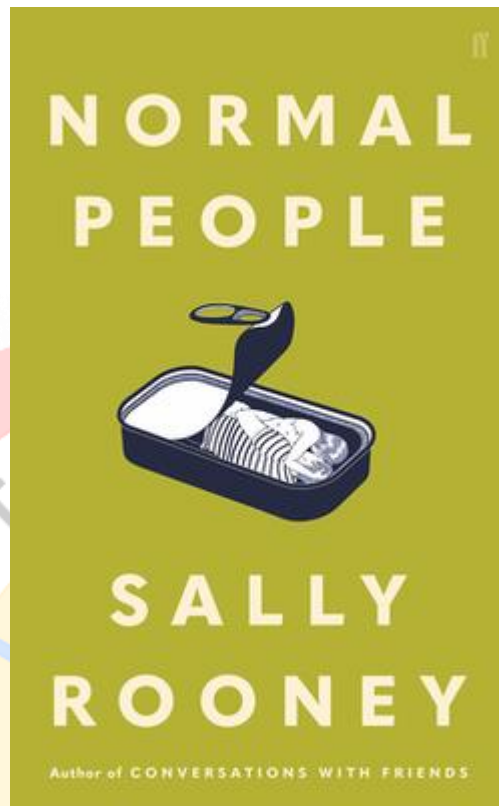
2008 – 2014 MI Daarul Hikmah

2014 – 2017 SMP Garuda Tangerang

2017 – 2020 SMK Gemilang

2020 – Present Universitas Buddhi Dharma

APPENDICES

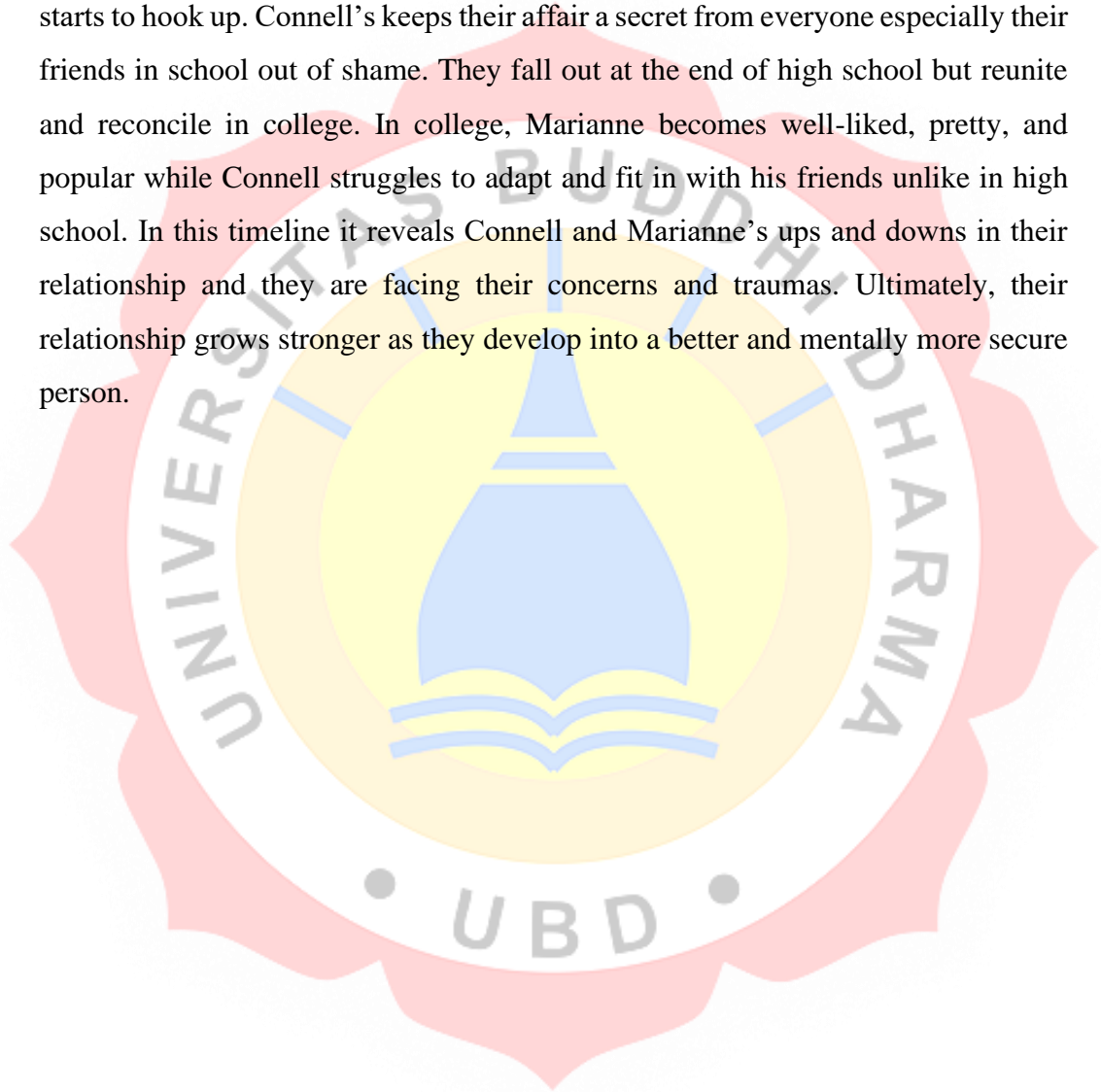


Title	: Normal People
Author	: Sally Rooney
Genre	: Novel, Romance
Language	: English
Publisher	: Faber & Faber
Date Published	: 30 August 2018
ISBN	: 978-0-571-33466-7

Synopsis

Normal People is a novel written by an Irish author Sally Rooney. Normal People revolves around Connell Waldron and Marianne Sheridan's lives and relationships. The book tells the progression of the two characters' friendship and relationship

from they are teenagers in high school until their adulthood in college. Connell Waldron is a smart, handsome, and yet reserved boy. He is popular and social in high school while Marianne Sheridan is unpopular and disliked. However, Marianne and Connell are equally smart which is one of the reasons they attract each other. Marianne's mother employs Connell's mother as the house cleaner. Connell sometimes visits Marianne's house to pick up his mother and eventually starts to hook up. Connell's keeps their affair a secret from everyone especially their friends in school out of shame. They fall out at the end of high school but reunite and reconcile in college. In college, Marianne becomes well-liked, pretty, and popular while Connell struggles to adapt and fit in with his friends unlike in high school. In this timeline it reveals Connell and Marianne's ups and downs in their relationship and they are facing their concerns and traumas. Ultimately, their relationship grows stronger as they develop into a better and mentally more secure person.





UNIVERSITAS BUDDHI DHARMA

Jl. Imam Bonjol No. 41 Karawaci Ilir, Tangerang
021 5517853 / 021 5586822 | admin@buddhidharma.ac.id

KARTU BIMBINGAN TA/SKRIPSI

NIM : 20200600009
Nama Mahasiswa : AN NISA FITRI RAHMADHANI
Fakultas : Sosial dan Humaniora
Program Studi : Sastra Inggris
Jenjang : Strata Satu
Tahun Akademik/Semester : 2024/2025 Ganjil
Dosen Pembimbing : Adrallisman, S.S., M.Hum
Judul Skripsi : An Analysis of Connell Waldron's Anxiety in "Normal People" Novel by Sally Rooney

Tanggal	Catatan	Paraf
2024-04-08	The Introduction to the First Thing in Discussion	
2024-04-24	The Choosing of the First in the Dictation	
2024-05-03	The Discussion of Chapter I	
2024-05-20	The Discussion of Chapter II	
2024-05-31	The Discussion of Chapter II	
2024-06-10	The Discussion of Chapter III	
2024-06-21	The Discussion of Chapter IV	
2024-06-28	The Discussion of Chapter IV	
2024-07-01	The Discussion of Chapter V	
2024-07-05	The Discussion of the Conclusions and the Suggestions	

Mengetahui

Ketua Program Studi



Riris Mutiara P. Simamora, S.Pd, M.Hum

Tangerang, 06 September 2024

Pembimbing



Adrallisman, S.S., M.Hum