

**THE TRAUMATIC EFFECT OF FINCH IN THE MOVIE  
"ALL THE BRIGHT PLACES" DIRECTED BY BRETT HALEY:  
PSYCOANALYTIC STUDY**

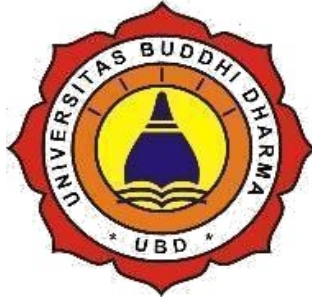
**Presented as a partial fulfillment of the requirement for the  
Undergraduate Program**

**FENESIA GLORIA TEHUPEIORY**

**20190600019**

**ENGLISH DEPARTMENT**

**FACULTY OF SOCIAL SCIENCES AND HUMANITIES  
BUDDHI DHARMA UNIVERSITY  
TANGERANG  
2023**



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2023**



## FINAL PROJECT PROPOSAL

Name : Fenesia Gloria Tehupeiori  
Student Number : 20190600019  
Faculty : Social Sciences and Humanities  
Study Program : English Literature  
Final Project Title : **The Traumatic Effect of Finch in the Movie “All the Bright Places” directed by Brett Haley: Psychoanalytic Theory.**

The Final Project Proposal has been approved.

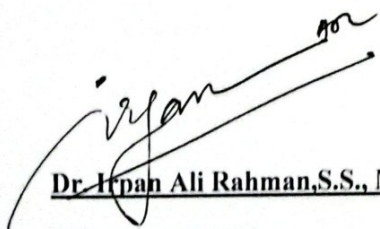
Tangerang, 24 July 2023


Approved by

Acknowledged by

Supervisor

Head of Department

  
Dr. Hupan Ali Rahman, S.S., M.Pd.  
NIDN: 045027807

  
Riris M. Paulina Simamora, S.Pd., M.Hum.  
NIDN: 0427068703



## FINAL PROJECT APPROVAL

Final Project Title : **The Traumatic Effect of Finch in the Movie “All the Bright Places” directed by Brett Haley: Psychoanalytic Theory.**

Name : Fenesia Gloria Tehupeiori

Student Number : 20190600019

Faculty : Social Sciences and Humanities

Study Program : English Literature

The Final Project has been approved to be examined as a partial fulfillment of the requirement for the Undergraduate Program.

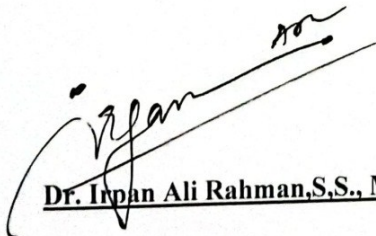
Tangerang, 24 July 2023


Approved by

Acknowledged by

Supervisor

Head of Department

  
**Dr. Irpan Ali Rahman, S.S., M.Pd.**  
NIDN: 045027807

  
**Riris M. Paulina Simamora, S.Pd., M.Hum.**  
NIDN: 0427068703



**RECOMMENDATION FOR THE ELIGIBILITY OF  
FINAL PROJECT EXAMINATION**

The Undersigned

Name : Irpan Ali Rahman, S.S., M.Pd.

Position : Supervisor

Certify

Name : Fenesia Gloria Tehupeiry

Student Number : 20190600019

Faculty : Social Sciences and Humanities

Study Program : English Literature

Title of Final Project : **The Traumatic Effect of Finch in the Movie “All the Bright Places” directed by Brett Haley: Psychoanalytic Theory.**

It has been eligible to take the final project examination.

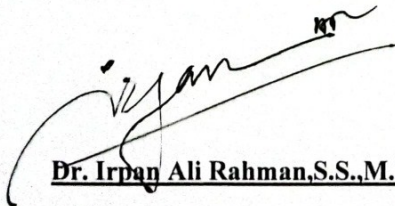
Tangerang, 24 July 2023

Approved by

Acknowledged by

Supervisor

Head of Department



**Dr. Irpan Ali Rahman, S.S., M.Pd.**

**NIDN: 045027807**



**Riris M. Paulina Simamora, S.Pd., M.Hum.**

**NIDN: 0427068703**



## THE BOARD OF EXAMINERS

Name : Fenesia Gloria Tehupeiori  
Student Number : 20190600019  
Faculty : Social Sciences of Humanities  
Study Program : English Literature  
Title of Final Project : **The Traumatic Effect of Finch in the Movie “All the Bright Places” directed by Brett Haley: Psychoanalytic Theory.**

This Final Project has been examined by the board of examiners on August, 15<sup>th</sup>, 2023.

Name of Examiners	Signature
1. Examiner I <u>Sonya Ayu Kumala, M.Hum.</u> NIDN: 0418128601	
2. Chair <u>Adrallisman, SS, M.Hum.</u> NIDN: 0427117501	
3. Examiner II <u>Riris M. Paulina Simamora, S.Pd., M.Hum.</u> NIDN: 0427068703	

Acknowledged by  
Dean  
  
**Dr. Lilie Saratminto, M.A.**  
NIDN: 8875430017070  
v

## STATEMENT OF FINAL PROJECT AUTHENTICITY

I declare that this final project is my own writing. It is true and correct that I do not take any scholarly ideas or work from others. That all cited works were quoted in accordance with ethical code of academic writing.

Tangerang, 24 July 2023



Fensia Gloria Tehupeiory

20190600019

First of all, the writer would like to thank Almighty God for blessing the writer to finish this final project as one of the requirements in completing his study at the Faculty of Social Sciences and Humanities, Buddhi Dharma University, Tangerang. She would also like to extend her gratitude to the following persons.

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2. Dr. Lilie Suratminto, M.A., Dean of the Faculty of Social Sciences and Humanities, Buddhi Dharma University, Tangerang.
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8. Her partner in life, Sermatutar Kelvin Haluk (2020.398), who has helped her in every situation, give her motivation, support, and accompany her until this paper is completed.
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All the shortcomings and imperfections of this thesis, the author really hopes for input, criticism, and suggestions that are constructive towards improving and perfecting this thesis. There are quite a lot of difficulties that the author experienced in preparing this thesis, but thank God it can be completed well. Finally, the writer hopes that this thesis can be useful for all parties and may the good deeds that have been given be rewarded by the Lord Jesus Christ. Amen.

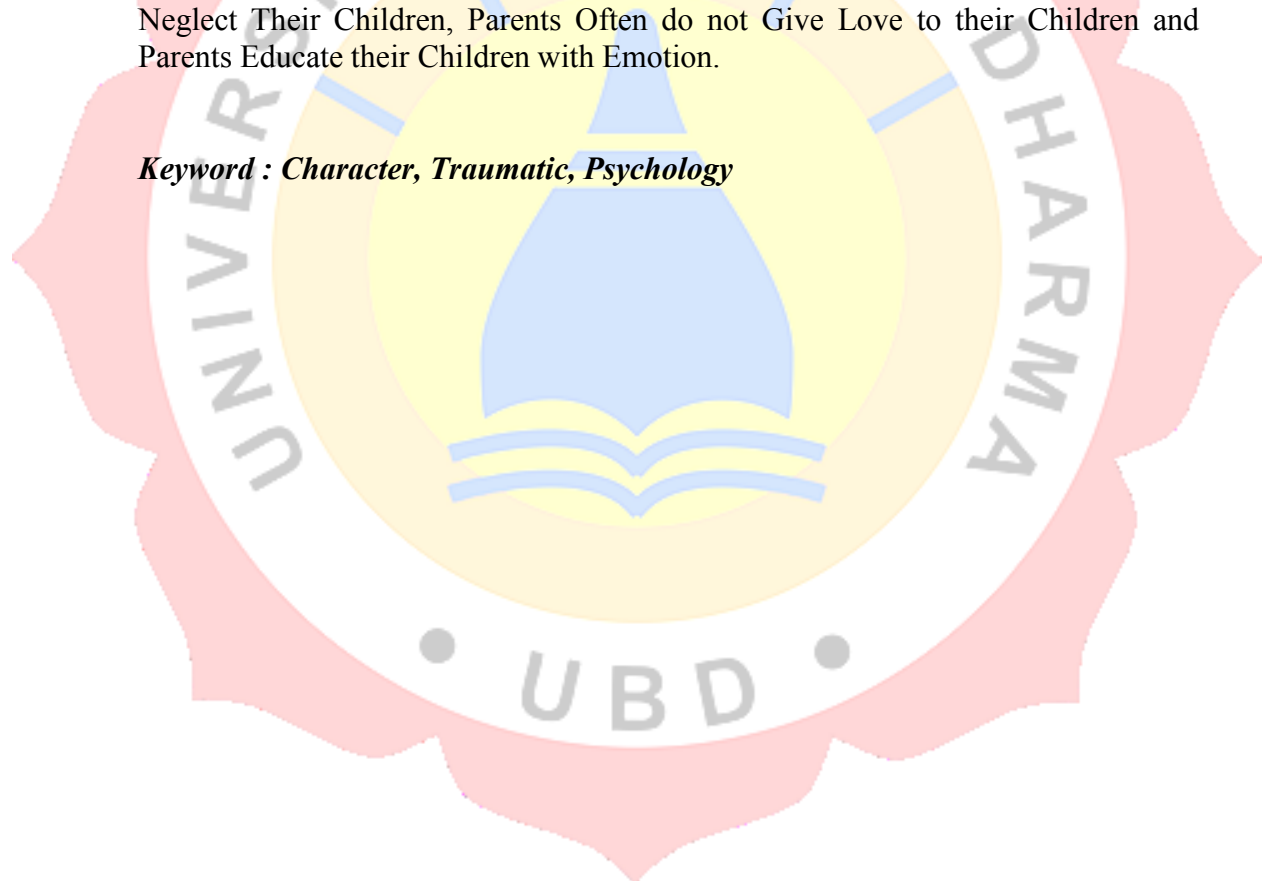
Tangerang, 24 July 2023  
The writer

Fenesia Gloria Tehupeior

## ABSTRACT

The title of this thesis is “The Traumatic Effect of Finch in the Movie All the Bright Places” directed by Brett Haley: Psychoanalytic Study. The writer finds that the main character has traumatic when he childhood. The purpose of the study is to give information about effect traumatic on the main character and why someone can be traumatized. Trauma is emotional and psychological distress generally due to unpleasant events or experiences related to violence unpleasant events or experiences related to violence. Because his traumatic, makes his to have feelings of anxiety, excessive fear, and feelings of distress, even to the point of having no zest for life and eventually committing suicide. The writer using Traumatic Theory from Robert Scaer. The writer uses used a qualitative research method, the data collected in this paper is taken from various references such as books or journals related to the topic the author wants to discuss. The conclusion of this research is that traumatic Finch as the main character has trauma of being a neglected or abused child. There are several factors that can make a person traumatized by unpleasant childhood experiences, namely : Parents Experience Violence or Neglect Their Children, Parents Often do not Give Love to their Children and Parents Educate their Children with Emotion.

***Keyword : Character, Traumatic, Psychology***



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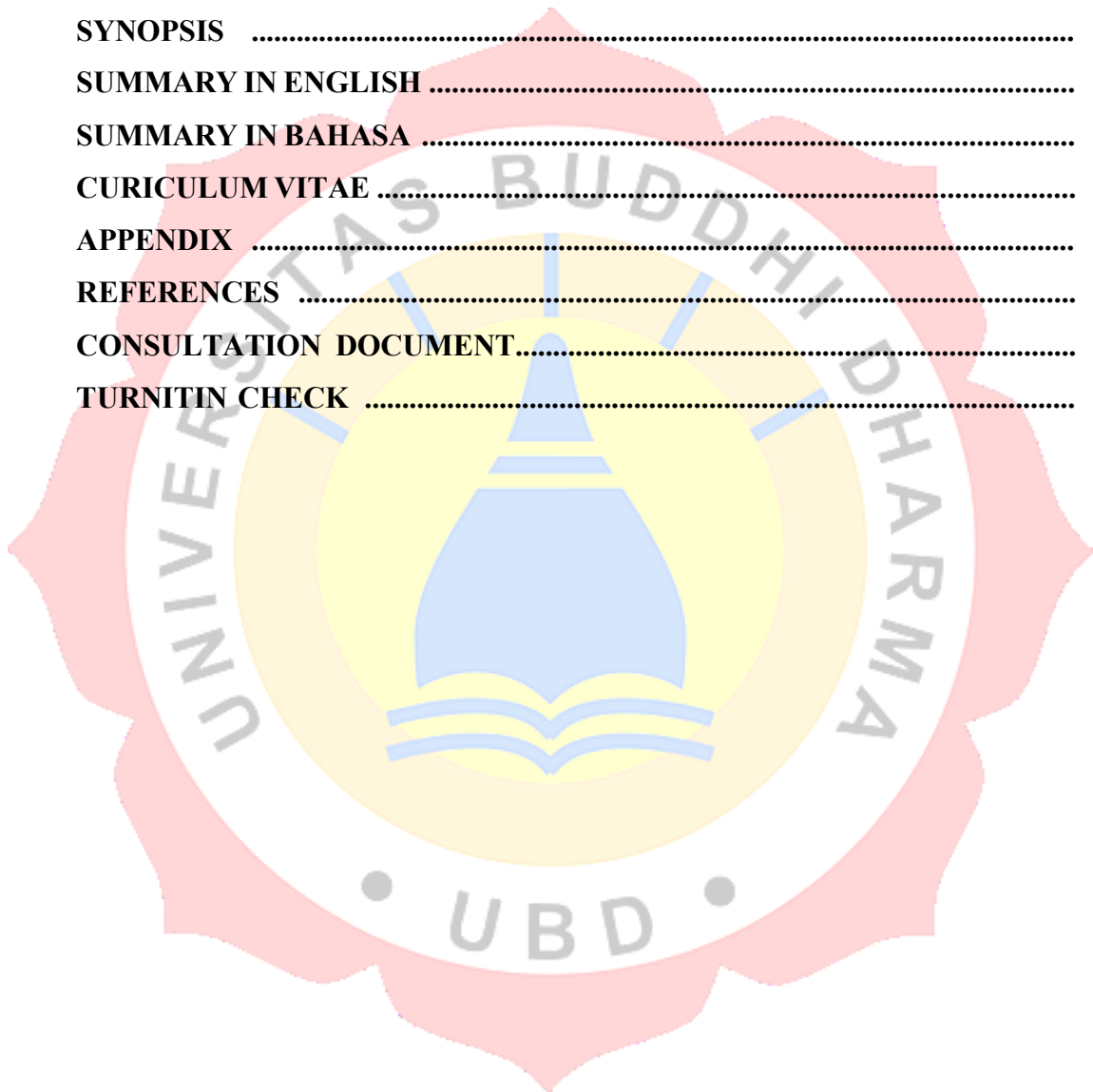
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# CHAPTER I

## INTRODUCTION

### 1.1 Background of the study

Language is a very important communication tool among humans. Because with the existence of language, humans can communicate and exchange ideas well and clearly with each other. We can imagine how difficult it is to live without language. If there is no language, we cannot communicate with one another. Therefore, language is very necessary in this world. "Language is a communication system using sounds that are spoken through speech organs and heard among members of society, and uses arbitrary processing of vocal symbols with conventional meanings." (Brown 1987:4)

Literature is one of the works of art for readers to create imagination. For writers, through literature a person can express his thoughts and make something new into a beautiful work. Literature is the expression of artistic and imaginative facts as a manifestation of human life and society in general, through language as a medium and has a positive effect on human life (Esen 1978:9). Literature can be divided into three types, namely poetry, prose and drama.

Movie are part of drama. A movie is a video media that starts or is generated in a real idea, then it must support the elements of entertainment and meaning (Rabiger:2009). Many people prefer movies because it is easy to understand the storyline, and movies also have their own charm with images and sound. A movie is actually an audio-visual communication medium to convey a message to a group of people.

Movie is divided to be non-fiction and fiction. According to Kurland (2000), there are definitions as below : Nonfiction is a story that really happened. Nonfiction films have the following characteristics: It uses formal language, is written based on facts, and uses denotative language. Non-fiction stories are usually biographies or someone's life experience and the data is always taken from someone's true story so that it is not free to make a movie based on the filmmaker.

Fiction is a fictitious story or imaginary story or narrative work that does not lead to historical truth, (Abrams 1961:81). The types of fiction are: novels, short stories, soap operas, comedy films, and others. The writer wants to examine one of the genres in fiction movie. Namely the traumatic movie "All the bright Places" directed by Brett Haley. The writer is very interested in this movie because in this movie it tells the story of two teenagers who struggle trauma.

*All the Bright Places* is a 2020 American teen romantic drama film, directed by Brett Haley, from a screenplay by Jennifer Niven and Liz Hannah, adapted from the novel of the same name by Jennifer Niven.

The film was released on February 28, 2020, by Netflix, to positive reviews from critics. All the Bright Places tells the story of two friends who try to overcome their respective traumas. Violet Markey (Elle Fanning) is still haunted by guilt after the tragic death of her sister, Eleanor. Similar to Violet, Theodore Finch (Justice Smith) also lives in the shadow of trauma within him. He was depressed and often thought about ending his life. Finch feels increasingly isolated, because no one in his family understands his condition. Unexpectedly, this story turns out to be very interesting because in this book it is told how these two friends try to get rid of their past trauma and they fall in love with each other.

The writer is interested in Theodore Finch who has a past trauma that greatly hinders his daily life. Because of the trauma he has become a human being who is considered strange by those around him. Trauma is a type of mental breakdown that occurs as a traumatic event, Freund (1924) does not believe that anxiety and anxiety have anything to do with reality, both past and present.

## **1.2 The statement of the problem**

The writer finds that this movie is very interesting to discussed. The research object of the movie is the name "All The Bright Places". All the Bright Places is a young adult fiction movie directed by Brett Haley,



from a screenplay by Jennifer Niven and Liz Hannah, adapted from the novel of the same name by Niven. The movie was released on February 28, 2020, by Netflix, to positive reviews from critics. All the Bright Places tells the story of two friends who try to overcome their respective traumas.

Violet Markey is still haunted by guilt. By continuing to be haunted by guilt, she becomes a quiet woman who doesn't want to hang out with others. His family was worried about the attitude experienced by his son. many ways have been done but still Violet Markey can't forgive herself and is haunted by guilt.

Theodore Finch felt isolated, and always can not forget the events that he had experienced in his childhood. As things continued, Theodore Finch became a strange child and was shunned by his friends.

### **1.3 The Research Question**

From this writing the writer found research questions, as follows :

How do Traumatic effects on Finch based on psychological theory?

### **1.4 Goal and Function**

The goal of this study was to find information from the movie and answer research questions. Furthermore, the writer would like ot show the correlation between past trauma and present life.

The function of this research is to find out the causes of trauma experienced by the main character in the movie "The Bright Places" and how to overcome trauma in the past. In addition to knowing the causes of trauma from the main character, we can also find out the effects if someone experiences trauma in their lives.

And we can also know the characteristics and how to overcome the effects of the trauma. Because in this world there are still many people who experience trauma, especially trauma caused by events that occurred in their childhood or their past.

### **1.5 Scope and Limitation**

There are scope in analyzing "All The Bright Places" movie, to avoid broad discussion, the scope of this study focuses on the part of the novel where Theodore Finch showing depression or traumatic and character to define his psychology becomes this study.

Therefore, the study is limited to focuses on the main character, Theodore Finch's past events and that character is the most important to analyze, because Finch's past events are very interesting to analyze more deeply. From its past we can see that the finch was deeply traumatized.

## 1.6 Conceptual Framework

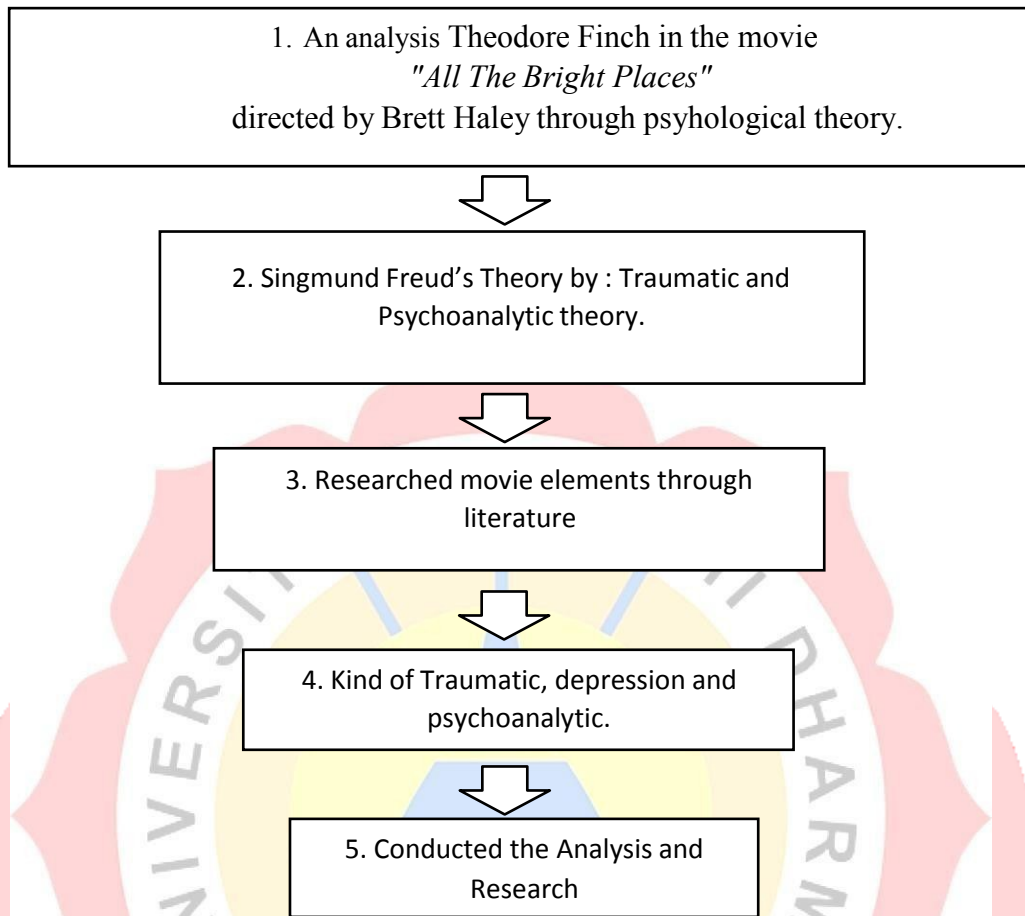


Figure 1.1 Conceptual Framework

1. The writer finds the movie All The Bright Places directed by Brett Haley.
2. In this part, the writer uses the theory of Singmund Freund in the thesis.
3. The writer explains the literature theory and the theory that the writer is using for this research and the writer explains the method that the writer uses from this research.
4. The writer going to detail the analysis the writer got and put them in context.
5. Finally, the writer will conclude all of this research.

## CHAPTER II

### THEORETICAL BACKGROUND

#### 2.1 Review of Previous Studies

The previous studies became one of the writer references in conducting research, so that the writer can enrich the theories used in studying the research conducted. In this regard, the writer reviewed some primary research on Psychological Trauma by the novel's main character. The first paper, "The Childhood Trauma Of Prince Albert As Seen In David Seidler's *The King's Speech*" was written by Fadhilah Anwar, Universitas Islam Negeri Sunan Kalijaga 2020.

The *King's Speech* is the movie that tells about a son of King George V of England. During his childhood, his life is full of pressures from his father who forces him to follow all the rules of the kingdom and he is compelled to be a King to replace his father one day. His childhood experiences affect his character in adulthood. His experience also causes a trauma that gives great and very influential impact to his character.

The second paper is "Self - Identity Construction Of a Bullying Post-Traumatic Stress Disorder Survivor in Jennifer Niven's  *Holding Up the Universe*" was written using Lina Yasmin, Universitas Negeri Jakarta 2020.

In her thesis, she analyzed in a survivor of Post-Traumatic Stress Disorder (PTSD) due to bullying named Libby Strout, a sixteen-year-old girl who returns to school after living at home and receiving treatment for multiple physical and mental health issues including Binge Eating Disorder, anxiety, and panic attacks as a consequence of bullying in Jennifer Niven's *Holding Up the Universe* Niven. Post-Traumatic Stress Disorder (PTSD) is a disorder that can arise after a person has been exposed to a traumatic event, intense physical and mental harm, or a frightening event, physical and mental harm, or a frightening and threatening event.

## **2.2 Movie**

Movie is part of drama. Movie is a series of still images, which when displayed on a screen creates the illusion of a moving image due to the phi effect. This optical illusion forces the viewer to see continuous movement between different objects quickly and successively. According to Hornby (1995: 434) film is a story, etc. recorded as a set of moving pictures to be shown on television or at the cinema. Film as mass communication is a combination of various technologies such as photography and sound recording, art both fine arts and literary and architectural theater arts and music.

Movies are one type of entertainment that is often consumed by people to entertain themselves from their tiring routines. Viewers can flock to theaters to watch the latest movies being shown.

In addition, movies can also be enjoyed on the glass screen or cellphone screen. Especially since the Covid-19 pandemic has forced humans to keep their distance from each other, more movies are being produced on streaming services to keep viewers at home. Many people have different tastes in movies, therefore movies also have many genres, the following are various types or genres of movies :

### **2.2.1 Action**

An action movie is a movie where most of the scenes feature adrenaline-pumping action. This genre usually features stories of good guys and bad guys facing off complete with fisticuffs, shootouts, or even chases.

### **2.2.2 Animation**

Animated movies or cartoons are also referred to as anime movies in Japan. Different from other genres, animation does not use real actors in the shooting. The images presented are usually drawn directly by the animator before being stitched together with the story and then adding the voices of the actors.

### **2.2.3 Comedy**

A comedy movie is a movie that relies on comedic elements in it so that it can make the audience laugh when watching it.

Movies with this genre are usually made lightly because the main goal is to shake the audience's stomach.

#### **2.2.4 Drama**

Drama is the most widely made genre that audiences are interested in. The drama genre is usually inspired by activities found in everyday life. The closeness between the story in a drama movie and real life makes this genre loved by the public.

#### **2.2.5 Horror**

Horror movies usually offer terror from ghosts or other creepy things and can make the audience stand up. Uniquely, there are many people who always want to watch horror movies to get the sensation of screaming or screaming because they are scared.

#### **2.2.6 Romance**

The romantic genre is usually always married with the drama genre in its making. All of that is inseparable from the romance story that can never be separated from drama. People may not like it when they see a movie running smoothly full of romanticization without any conflict or drama in it.

### 2.3 . Psychoanalytic Theory

There are many theories of trauma that have been tested and applied to psychotherapy of the causes of childhood disorders. Freud (1924) was the founder of psychoanalysis and a great pioneer in understanding the significance of unconscious mental activity. Most schools of psychological thought now embrace his beliefs on the inner workings of the human .

There are two main components that cause a person to have problems, namely biological and parenting factors. The development and growth of a child's brain is influenced by the interaction between parents and children. Siegel (1999) says that the human mind develops through patterns in the flow of energy and information within the brain (children) and between brains (parents and children).

In psychological theory Freud theorized about how subconscious conflicts occur between the components of the human mind - the id, ego, and superego. Our level of consciousness consists of awareness, preconsciousness, and unconsciousness. Because most of Freud's research is in the field of psychology, this theory is indispensable in knowing the effects of trauma on a person's life. Sigmund Freud put forward a personality theory known as the Psychoanalytic Theory of Personality or the theory of psychoanalysis, that is :



### **1. Id**

This element is a biological aspect in humans that has existed since birth. Examples of elements of the id are instincts, impulses, and desires. This element operates in the unconscious area that drives human physiological needs such as hunger, thirst, and lust. For example, when someone feels hungry, he will be compelled to look for food to fulfill that hunger.

### **2. Ego**

Ego is an element that can be realized and controlled by humans. This element functions as an intermediary between the id and the superego. This element is a balance between what the id wants to fulfill and what is demanded by the superego in accordance with social norms.

### **3. Superego**

This element is a psychological aspect of human beings that describes human nature to submit and comply with social norms, ethics, and community values. Just like the id element, the superego is an element that is not realized by humans. The superego is the tendency of human nature to always want to do good according to the norms, ethics, and rules that exist in society.

One that relates to a person's psychology is trauma. Trauma is usually experienced by a person when experiencing a bad event in his life. Or it can also be said that trauma is related to the experience that a person goes through which is psychic to have a negative impact on his life for the present or the future.

Trauma experienced by a person can also have an impact on a person's life, usually the impact is always negative and greatly hampers the process of daily life. Trauma experienced by a person can actually be overcome or cured. There are many ways that a person does to get rid of his trauma.

According to Maria Wening S. Handayani, M. Psi., a clinical psychologist, there are several ways a person can recover from their trauma namely someone needs to process himself with self-healing. For example by doing calming activities such as drawing, exercising, meditation, or journaling. You can also seek support from others, for example by having a spiritual community or spiritual mentor.

#### **2.4 Traumatic Theory**

Trauma emerged in the 1960s from several areas of social concern: recognition of the prevalence of violence against women and children (rape, battering, incest);

identification of the phenomenon of post-traumatic stress disorder in (Vietnam) war veterans; and awareness of the psychic scars inflicted by torture and genocide, especially in regard to the Holocaust.

Studies in cognitive neuroscience, moreover, support the assumptions embedded in trauma theory – that the mind confronted with an overwhelming experience tends to isolate the memories associated with this experience in specific areas of the brain that are inaccessible to conscious recall and (hence) integration into the subject’s ongoing narrative of his or her life history (Kolk, 1985).

Trauma occurs because of painful and bad experiences that befall a person either intentionally or unintentionally. Someone who has experienced trauma usually tends to experience excessive fear and even depression. According Robert Scaer (2005), Psychological trauma has various types, namely:

1. Trauma Treatment

Trauma treatment can occur when a person experiences a certain disease that requires him to perform surgery or surgery. In a state that is not ready, usually someone will experience some kind of trauma within him. As a result of this trauma, usually a person becomes afraid to go to the hospital or go for further treatment in the long term.

## 2. Grief Trauma

Trauma Grief can occur when a person feels the loss of a very important person in his life. People who are very meaningful can mean wife, husband, children, parents, brother, sister or other closest people. Events like this can make a person moody or very introverted.

## 3. Natural Disaster Trauma

Natural disasters are not an unexpected event at all, because they can happen at any time and wherever we are. With a natural disaster, it can even turn a city in a matter of seconds into a city in ruins. In the context of psychological trauma, circumstances caused by natural disasters can cause trauma to a person. A person can be shocked and can't believe what happened in that short time.

## 4. The trauma of being a neglected or abused child

At this time the writer saw many people who experienced this trauma. I don't know what makes parents experience violence or neglect their children until their children are traumatic. This usually happens because parents often do not give love to their children and often educate their children with emotion. Therefore this will cause the child to be traumatized even the child can do the same thing when he has children later.

## 5. Complex Trauma

Complex Trauma or commonly known as PTSD (Post Trauma Stress Disorder) is a mental state in which a panic attack occurs due to a traumatic experience in the past. Such events such as accidents, incidents involving lives, or in a state of war.

### **2.4.1 Trauma of Being a Neglected or Abused Child**

According to Scaer (2005) one of the causes of trauma is childhood trauma that is mistreated by parents or people around them. Family is the most important entity in a person's life since childhood. Through the family, one's character and habits are formed. The first education also takes place in the family, not school. The family is also a source of inspiration and a living spirit. This is because children learn a lot from their immediate environment about many things.

Basically, everyone wants or desires to have children to continue offspring or think about the future when they are elderly there is someone to take care of them when they are old. However, there are times when many needs make parents busy working and do not have time to give much time to their children.

As a result, many children cannot feel the love and full attention of their parents and sometimes because of the tiredness of working or

with the increasing number of needs makes parents more dizzy and can cause stress and impact on children. Many children experience violence at home and this can cause children to be traumatized and become depressed.

Everyone who has experienced an event that is not as expected usually experiences trauma in his life. And the trauma experienced by each person is different. In fact, the *American Psychiatric Association (APA)* since 1980 added post-traumatic disorder / PTSD has been recognized as a mental illness. At first there was a lot of controversy when PTSD was included in the Diagnostic and Statistical Manual of Mental Disorders, Third Edition (DSM-III) , but after that doctors and researchers stated that PTSD is mental illness. Therefore, these are usually the effects of a person's trauma :

1. Reduced ability to remember and concentrate.
2. Difficulty avoiding disturbing thoughts associated with the traumatic event.
3. Constantly remembering the traumatic event uncontrollably.
4. Feeling lost and disoriented.

## CHAPTER III

### RESEARCH METHODOLOGY

Research methodology is a systematic way to solve a problem. It is a science dying how research is to be carried out. This is the science of obtaining valid data with the aim of discovering, developing, or demonstrating certain knowledge so that in turn it can be used to understand, solve, and anticipate problems in a particular field. Research methodology according to Hillway (1956: 5) is “a method of study by which, through the careful and exchausive of all ascertainable evidence bearing upon a definable problem, we reach a solution to the problem”.

Based on the method of processing, data analysis, and how to draw conclusions, the type or type of research method can be viewed from a quantitative, qualitative, and mixed (quantitative qualitative) approach. In this chapter consist of four parts. They are the subject matter, material, approach, and procedure.

*In this study the authors used a qualitative research method.* The data collected in this paper is taken from various references such as books or journals related to the topic the author wants to discuss. In addition, the authors also compare and see research that is similar to this to be used as comparison material.

### 3.1 Subject Matter

“All The Bright Places” is a fiction movie. There is one main character who is being analyzed in this movie. The main character is Finch, the story tells about Finch, their family does not understand his depression, making him feel isolated. Finch's mental health begins to deteriorate. He suffers from an undiagnosed bipolar disorder and therefore, deals with very high highs and very low lows. His behavior demonstrates the characteristic manic periods of impulsive excitability as well as the lethargic, pointless mindset during the depressive periods. He is also physically abused by his father and bullied at school. Additionally, Finch refuses to be diagnosed because the labels make him feel trapped. The writer is interested in analysing of traumatic effect on the main characters.

### 3.2 Material

The writer uses the movie *All The Bright Places*, directed by Brett Haley was released on February 28, 2020, by Netflix, as the material to analyze traumatic effects on Finch. It also applies theories on literature, types of traumatic and psychology relevant to the analysis of the topic discussion.



The theories psychology from *Psychoanalytic Theory of Personality* written by Sigmund Freud. As such, the writer has used books, e-books, articles and internet browsing in order to obtain relevant sources.

### **3.3 Approach**

The study primarily uses qualitative methods and psychology approach to analyze the data. Qualitative research is more subjective than quantitative and involves examining and reflecting on the less tangible aspects of a research subject, e.g values, attitudes, and perceptions. On other hand, qualitative methods are more descriptive to analyze effect trauma on the main character in the "All The Bright Places" movie.

### **3.4 Procedure**

There are steps that were taken in order to complete the study. Because this paper uses qualitative methods and must collect some data to support this writing.

#### **3.4.1 Data Collecting Method**

First, the writer must watching the movie "All The Bright Places" and understood the movie. The writer also use internet to find sources and went to library,

to find resources such as books on literature and other written sources which are relevant to her topic.

The second the writer reading thesis from another campus whose topic is almost the same or similar to the author's topic of discussion. Finally, the writer analyzed the effect trauma of Finch.

### **3.4.2 Method of data Analysis**

The writer uses qualitative methods in this study. By collecting various kinds of good writing from books, articles or the internet related to this writing.

