#### **CHAPTER V**

#### CONCLUSION AND SUGGESTION

In this chapter, the writer presents the conclusion and suggestion according to the findings of the research. The first part is about the conclusion based on the research findings and the second part is about the suggestion for the readers and also the next researchers which related to the characterization of the main character, and how the psycoanalysis reveal from the main character of *The Girl on The Train* (TGOTT) written by Paula Hawkins.

#### **5.1 Conclusions**

The research focuses on the analysis of characterization of the main character in the novel *The Girl on The Train*. The main character named Rachel. In analyzing the data, the writer applied Sigmund Freud's psychoanalysis theory approach *id*, *ego*, and *superego*. That human's personality system are divided into those three parts. The system becomes an important part of human because it controls human's mindset which finally shows in action. Therefore, the writer would like to conclude that the *id*, *ego*, and *superego* have influenced the main character's mindset and behave. Rachel, who was dealing with her trouble in life which she was desperate of it.

1. The *id*. The Rachel's desire of an alcohol which the *id* pushed her to not stop drinking. Rachel's unconscious mind continuously influenced her to have a drink without caring about her health, look, and mind. The Rachel's *id* brought her to something chaotic. She can not think about good or bad, she just wanted to satisfy her desire of an alcohol and her obsession to her

- ex husband. In this regard, Rachel thought that if she keeps calling Tom, he would be back to her and it could become a pleasure for her to end her alcoholism since it getting worse after Tom left her.
- 2. The *ego*. The *ego* is the conscious mind that controlled Rachel to do everything rationally. In the story, the *ego* is the executive part of Rachel in struggle for her desire of an alcohol and obsession of her ex husband. She tried to make things right by getting involved in Megan's case. She tried to help Scott in finding the truth of Megan. There were several real actions done by Rachel, and the actions made her *superego* play a more active role. The *ego* brought Rachel to a condition she had to keep her mind clear to make things right.
- 3. The *superego*. After struggling against her desire of an alcohol and obsession of her ex husband, the *superego* gives Rachel strength to do the most true things. She felt that she had to stay stable for helping Scott and discover the mysterious case of Megan. The memory made Rachel realize and aware that something was not right in the past and she needed to speak up about it. In addition, her curiousness made her able to fight with her desire of alcohol. The *superego* of Rachel had given her awareness that everything happened in the past is not her fault. Rachel's *superego* succeeded in making her able to do the most right thing and finally she could discover the mysterious case and stopped her desire of an alcohol.

The writer have found another findings beside the research question that can be analyzed by further researcher which are: The anxiety of Megan, The Sexual Behavior Disorder of Tom, and so on. Those suggestion of another subject

can use by applying relevant theories of literature and psychology as the novel is worth reading and investigating further.

## **5.2 Suggestions**

With respect to her research on the analysis of the main character of the *The Girl on The Train* (TGOTT) novel, the writer would like to give suggestion that this research can still be researched by others. The readers understand alcoholism, a dangerous habit and its negative effects to sufferers, as showed in the analysis of Rachel's obsession of an alcohol, using Sigmund Freud's psychoanalysis, *id*, *ego*, and *superego* as human's element to build personality. Besides, because there are many aspects of literary psychology that can be studied, personality analysis is also expected to be further developed. In this regard, with the use of Freud's psychoanalysis, it is important that the students understand the causes of Rachel's alcoholism which led her to have desire of it and how it control's her mind that could not think clearly, how she managed to fight for her desire and find a solution of it.

#### REFERENCE

#### **ONLINE**

Abrams, M.H. (1999). *A Glossary of Literature Terms 7th Edition*. Australia, Canada, Mexico, Singapore, and United Kingdom States: Heinle & Heinle. https://www.academia.edu/8324676/Abrams\_MH\_A\_GLOSSARY\_OF\_L ITERARYTERMS\_7th\_ed.\_1999\_. (Retrieved, 26-03-2021)

britannica.com/art/novel (Retrieved, 24-05-2021)

core.ac.uk/download/pdf/82271267.pdf (Retrieved, 26-03-2021)

courses.lumenlearning.com/boundless-psychology/chapter/psychodynamic-perspectives-on-

personality/#:~:text=Sigmund%20Freud%3A%20Freud%20developed%20the,id%2C%20ego%2C%20and%20superego. (Retrieved, 26-03-2021)

digilib.uin-

suka.ac.id/9514/1/CHAPTER%20I%2C%20IV%2C%20WORKS%20CITED.pdf

eprints.ums.ac.id/34974/5/CHAPTER%201.pdf (Retrieved, 08-05-2021)

febtimahanibatubara.blogspot.com/2016/10/definition-of-literature-based-on-expert.html (Retrieved, 08-05-2021)

Giles, Paul. (2010). Greil Marcus and Werner Sollors (eds.), A New Literary History of America. Journal of American Studies. globaljournals.org/GJHSS\_Volume17/3-Psychoanalytic-Theory-used.pdf (Retrieved, 25-03-2021)

http://repository.unair.ac.id/102975/4/4.%20CHAPTER%20I%20INTRODUCTI ON.pdf (Retrieved, 27-7-2021)

literaryterms.net/character/ (pengertian karakter) (Retrieved, 13-06-2021)

literarydevices.net (Retrieved, 13-06-2021)

repo.iain-tulungagung.ac.id/1342/ (Retrieved, 14-06-2021)

repository.unpas.ac.id/15515/ (Retrieved, 14-06-2021)

Robert Stecker - Revue Internationale de Philosohie Vol. 50 No.198 L'ESTHETIQUE / AESTHETICS (DECEMBRE 1996, pp 681-694 (14 pages) (Retrieved, 20-06-2021)

Will, F. (1960). Aristotle and the Question of Character in Literature. The Review of Metaphysics, 14(2), 353-359. Retrieved June 13, 2021, from http://www.jstor.org/stable/20123824 (Retrieved, 13-06-2021) www.freud.org.uk/education/resources/what-did-freud-say-about-anxiety/ (Retrieved, 13-06-2021)

www.healthline.com/health/mental-health/defense-

mechanisms#:~:text=Defense%20mechanisms%20are%20behaviors%20people,events%2C%20actions%2C%20or%20thoughts.&text=First%20proposed%20by%20Sigmund%20Freud,under%20a%20person's%20conscious%20control. (Retrieved, 17-07-2021)

www.simplypsychology.org/unconscious-mind.html (Retrieved, 24-06-2021)

www.simplypsychology.org/Sigmund-

Freud.html#:~:text=Sigmund%20Freud%20emphasized%20the%20importance,to %20make%20the%20unconscious%20conscious (Retrieved, 24-06-2021)

www.simplypsychology.org/whatispsychology.html (psychology) McLeod, S. A. (2019). (Retrieved, 24-06-2021)

#### **OFFLINE**

Doody, Margaret Anne. (1996). The True Story of The Novel. New Jersey

Freud, Sigmund. (1927/2013). The Ego and The Id. Digital Edition: 2013

Freud, Sigmund. (1893-1895). Studies on Hysteria.

Hawkins, Paula. (2015). *The Girl on The Train*. London: Penguin Group.

Nursito. (2003). Ikhtisar kesusastraan Indonesia. Yogyakarta: Adicita Karya Nusa.

Williams, Carrie. (2007). Journal of Business and Economics Research. Grand Canyon University

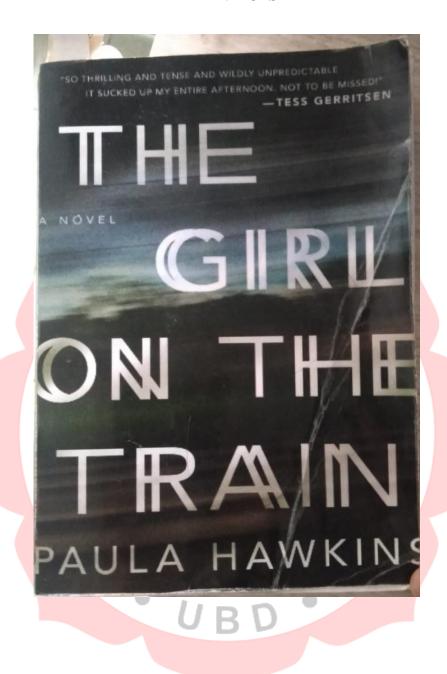
### DICTIONARY

merriamwebster.com (Retrieved, 14-05-2021)

Thefreedictionary.com (Retrieved, 05-07-2021)

www.verywellmind.com/the-id-ego-and-superego-2795951 (Retrieved, 23-07-2021)

#### **APPENDICES**



## **CURRICULUM VITAE**

Name : Allessandra Margaretha Zebua

Place and date of birth : Tangerang, August 31st 1999

Nationality : Indonesia

Gender : Female

Religion : Christian

Address : Jl. Danau Ranau blok Fb 3 no. 26 Regensi 2,

Tangerang

Phone Number : 08588 211 8090

Educational Background :

• Higher Education : Universitas Buddhi Dharma Tangerang

(2017 - 2021)

Senior High School : SMK Bonavita Tangerang

(2014-2017)

• Junior High School : SMP Bonavita Tangerang

(2011 - 2014)

• Elementary School : SDS Maria Mediatrix Tangerang

( 2005 – 2011 )

Tangerang, August 16<sup>th</sup>, 2021

Allessandra Margaretha Zebua

Student

## THE SUMMARY OF THE NOVEL "THE GIRL ON THE TRAIN"

The Girl on The Train is a novel written by Paula Hawkins, published in 2015. The novel told about a widow with no child named Rachel who has addicted with alcohol that affect her mind and behavior. Her ex husband left her and married with a woman named Anna. He and Anna are now having a baby. Rachel is still love her ex husband, Tom. She had tried many unrational way to get him back, but it is all useless. Rachel is a business woman, everyday she goes to work by train. She always sees the same view by the window on the train. The couple which she named them Jason and Jess (Scott and Megan). The couple is everything that Rachel want in her life. She thinks that the couple is romantic, the couple is she and Tom used to be. She did not realize that the couple's life become important to her. One day she saw that Megan was cheating behind her husband. Rachel felt betrayed. She was angry, sad, and disappointed at the same time. Because she knew how it feels when someone was cheating behind you. Rachel once got cheated with her ex husband. He had an affair with Anna before they were married. She keeps that secret for a long time. Until one day she got shocked by the news of the missing Megan. She feels that this is the right time to tell Scott about Megan's affair. Rachel was sure that Megan ran away with her lover. Her ex husband always forbid her not to close with Scott. It makes Rachel think that Tom still care about her. But it is not about the careness at all. Tom has something behind Rachel, Anna, and Scott. Actually, Megan was a babysitter of Tom and Anna's daughter for a couple months. Few days later, people got news about Megan's body that found under buried. Rachel was desperate about her effort helping Scott. But she remember, something was happened the night when Megan was missing. She was there. She saw something that people do not know. She tried to speak up. She tried to convince Anna that something is wrong about Tom. Something that she knew the subject of the murder is Tom.





# KARTU BIMBINGAN TA/SKRIPSI

NIM

:20170600001

Nama Mahasiswa

: ALLESSANDRA MARGARETHA

Fakultas

: Sosial dan Humaniora

Program Studi

Judul Skripsi

: Sastra Inggris

Jenjang

: Strata Satu

Tahun Akademik/Semester

: 2021/2022 Ganjil

Dosen Pembimbing

: Lilie Suratminto, Dr., MA.

The Analysis of Psychological Problem of the Main Character in the

Novel The Girl On The Train Written by Paula Hawkins

Tanggal	Catatan	Parafo.
2021-03-26	Finding topic interest	14
2021-03-30	Menentukjan judul dan kajian literatur	100
2021-04-29	Bab 1 Introduction	( Ci
2021-05-18	Bab 1 Statement of the problem	0.
2021-06-08	Bab 1 Research question, scope limitation	gi.
2021-06-10	Conceptual framework	(the
2021-07-20	Bab 2 Previous Studies	g.
2021-06-23	Bab 2 Theories used	100
2021-06-24	Bab 3 Reseaarch Metohodology	100
2021-07-03	Bab 3 Research Methodology data used	بال الم
2021-07-08	Bab 4 Analysis	(~
2021-07-22	Bab 4 Analysis	1
2021-08-03	Bab 5 Conclusionj	(h
2021-08-12	Conclusion and Suggestion-references -Appendices	(6

Mengetahui

Ketua Program Studi

Tangerang, 07 September 2021

Pembimbing

Tie Suratminto, Dr., MA.

Riris Mutiara P. Simamora, S.Pd, M.Hum