CHAPTER V

CONCLUSION AND SUGGESTION

In this chapter, the writer presents her conclusions and suggestions following the findings of the research. The first is the conclusion based on the research findings and the second one is the suggestions for readers and next researchers with regard to the depression, symtomps of depression, and causes of depression to the character of Thirteen Reasons Why written by Jay Asher.

1.1 Conclusion

This research focuses on the analysis of the depression experienced by the main character, Hannah Baker's in the novel of Thirteen Reasons Why. In the analysis of data, the writer uses Aaron Beck's psychoanalytic approach which explains the definition of depression, symptoms of depression to the sufferer, causes of depression, and how to deal with depression in his theory. In this study, the writer reveal the problem of depression that suffered by Hannah. The writer discovers the symptoms of depression that Hannah suffered during her lifetime at school through this novel, and discusses about the causes of the emergence of the problem of depression to Hannah.

Through this novel, the writer analyze the depression that Hannah experienced was because she felt sadness over what her friends had done to her, they made rumors that made Hannah's pride disappear and were harassed by several boys who went to school with Hannah, in this case Aaron said depression is a disturbance of the feelings of someone who experiences prolonged sadness and the

feeling of wanting to disappear from the world of his life because he felt no longer meant to live. Aaron also said the symptoms of depression will appear when someone behaves differently than usual, in the novel found Hannah has depressive symptoms such as emotional feelings that change over time. Emotions that are seen to Hannah in this novel are sadness, feelings of wanting to be angry and rebellious, feelings of wanting to give up, feelings of wanting to ask someone for help.

Hannah also felt herself very low because of getting bad rumors, she also always blamed herself and all the people closest to her. Because according to Hannah there were no friends who really cared about her or just really became friends with her, unfortunately. In this novel, the writer did not find the best way that Hannah did to treat the depression that she experienced. Hannah chose to commit suicide at her home, because in this novel Hannah did not find her hope to stay alive in the world, which made the end of her life's story the most tragic.

1.2 Suggestion

In this research, the writer would like to provide some suggestions for further researchers who are interested in analyzing an object using psychoanalytic theory. First, readers must understand depression, dangerous mental problems and their negative effects on sufferers, as Hannah's depression analysis shows, using Aaron Beck's psychoanalysis will make it easier for writers to find out about the definition of depression, depressive symptoms, causes of depression, and how to deal with depression. then find a suitable subject in the description of the theory. Second, the reader or instructor uses this research to teach their students to analyze characters, as one of the important elements of a novel. Hannah Baker's in the novel Thirteen Reasons Why, for example. In this case using Aaron's psychoanalysis, it

is important for students to understand the cause of Hannah's depression which made her have the urge to commit suicide to end her life. Thirdly, the researcher further does more about the other elements of the novel by using relevant literary and psychological theories because this novel is worth reading and investigating further. Fourth, the reader or anyone who gives constructive criticism and suggestions to the writer to improve his research in the future because he realizes that his research is far from perfect.

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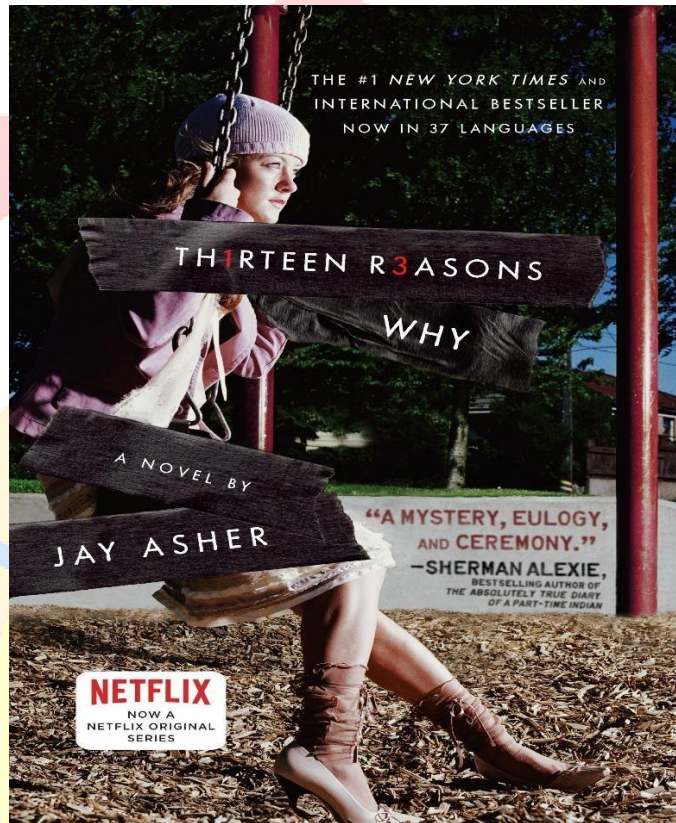
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August 2019.

APPENDICES

1. Author   : Jay Asher

2. Genre   : Drama, Fiction, Mystery, Thriller

3. Subject   : The Story of a Young High School Student, Bullying, Suicide.

4. Themes   : Bullying, Teens, Depression, Relationships, Friends, School Environment

5. Publisher   : Razorbill Penguin Random House

6. Publication Date: October 18, 2007

7. Pages   288

8. Award   : 2013 – Abraham Lincoln Award winner, 2010 – South Carolina Young Adult Book Award winner, 2009 –
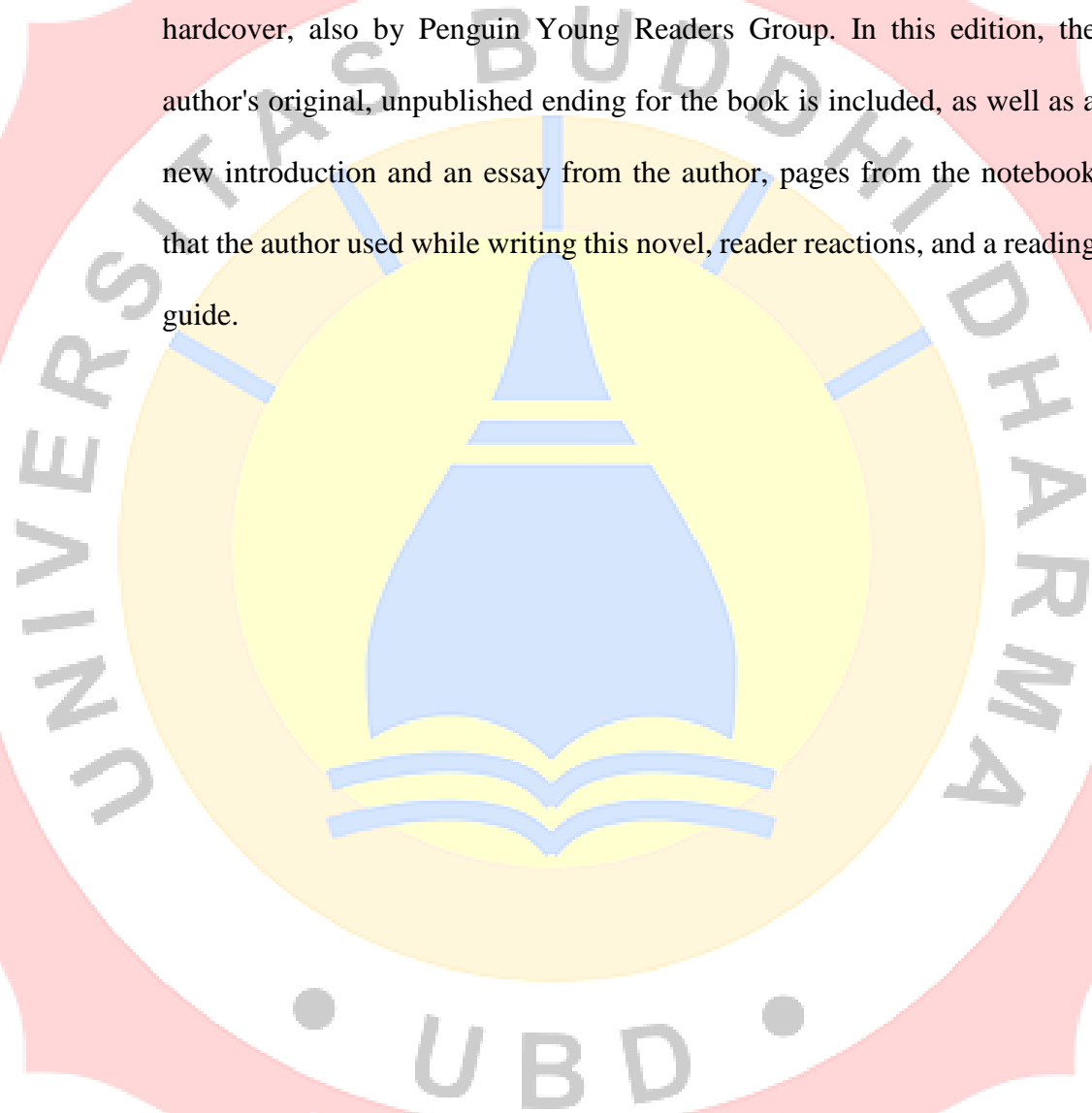
International Reading Association Young Adults' Choice list, 2009 – Writing Conference's Literature Festival, 2008 – Best Books for Young Adults YALSA, 2008 – Quick Picks for Reluctant Young Adult Readers YALSA, 2008 – Selected Audiobooks for Young Adults YALSA, 2008 – California Book Award silver medal – Young Adult

9.   Characters List: Hannah Baker, Clay Jensen, Justin Foley, Alex Standall, Jessica Davis, Tyler Down, Courtney Crimsen, Marcus Cooley, Zach Dempsey, Ryan Shaver, Jenny Kurtz, Bryce Walker, Mr. Porter, Tony, Skye Miller

Thirteen Reasons Why is a young adult novel written in 2007 by Jay Asher. It is the story of a young high school student as she descends into despair brought on by betrayal and bullying, culminating with her suicide. She details the thirteen reasons why she was driven to end her life in an audio diary which is mailed to a friend two weeks after her death. Thirteen Reasons Why has received recognition and awards from several young adult literary associations, and the paperback edition reached No. 1 on the New York Times Best Seller list in July 2011.

A screenplay was written, based on the original release of the book, that became the basis of the dramatic television series 13 Reasons Why released through Netflix on March 31, 2017. The screenplay contains several deviations from the book, including additional characters and storylines. The novel was published in trade paperback format by Penguin

Young Readers Group, a division of Penguin Random House on June 14, 2011. Thirteen Reasons Why had remained in hardcover long past the usual one-year release-to-paperback schedule due to its continued grassroots popularity and sales fueled by author participation. On December 27, 2016, the Tenth Anniversary Edition of Thirteen Reasons Why was published in hardcover, also by Penguin Young Readers Group. In this edition, the author's original, unpublished ending for the book is included, as well as a new introduction and an essay from the author, pages from the notebook that the author used while writing this novel, reader reactions, and a reading guide.

CURRICULUM VITAE

Personal Details

Name   : Lyza Annisya

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Languages   : English and Indonesian

Education Background

- 2010   SDN Panunggangan 5
- 2013   SMP Negeri 13 Tangerang
- 2016   SMK Negeri 8 Tangerang (Mechatronics)
- 2020   Universitas Buddhi Dharma
                (Bachelor's Degree – English Literature)

Experience

- I have been a trainee at Roda Prima Lancar company in 2015

Skills

- I can operate Microsoft word, excel, and point
- I can communicate English very well
- I can work together in a team

Achievement

- Getting practice TOEFL test score is **474** for level 1

Courses

- In December 2016 I took English course at LIA
- In June 2017 I took Conversation in English course at LIA
- In March 2018 I took TOEFL Preparetion course at LIA

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dul Skripsi	: AN ANALYSIS OF DEPRESSION IN THE NOVEL OF THIRTEEN REASONS WHY WRITTEN BY JAY ASHER THROUGH PSYCHOANALYTIC THEORY

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020-03-02	Konsultasi + Pengajuan Judul	
020-03-09	Persetujuan dan Pengesahan Judul	
020-03-16	Bab 1, (1.1 s/d 1.3)	
020-03-23	Bab 1, (1.1 s/d 1.3)	
020-03-30	Bab 1 + Revisi	
020-07-07	Bab 2 + Revisi	
020-04-16	Bab 3 Revisi + Bab 4	
020-04-22	Bab 3 Revisi + Bab 4	
020-04-22	Bab 4, Revisi (1)	
020-04-30	Bab 4, Revisi (2)	
020-05-04	Bab 4, Revisi (3)	
020-05-18	Bab 5	
020-05-25	Bab 5 + Revisi	
020-07-07	Bab 1, 2, 3, 4, dan 5 (REVIEW), Persetujuan Sidang Skirpsi	

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Tangerang, 17 August 2020

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