



**BUDDHI DHARMA UNIVERSITY**

**THE ANALYSIS OF EXTRAVERT TYPES IN THE BOOKISH LIFE  
OF NINA HILL: A NOVEL BY ABBI WAXMAN**

Presented as a partial fulfillment of the requirement for the Undergraduated Program

By

**IIS ISMAWATI**

**NIM 20160600020**

**FACULTY OF SOCIAL SCIENCES AND HUMANITIES**

**ENGLISH DEPARTMENT**

**TANGERANG**

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## FINAL PROJECT PROPOSAL

Final Project Titles : **The Analysis Of Extravert Types In The Bookish Life  
Of Nina Hill: A Novel by Abbi Waxman**

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The Final Project Proposal has been approved.

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## FINAL PROJECT APPROVAL

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## RECOMMENDATION FOR THE ELIGIBILITY OF THE FINAL PROJECT EXAMINATION

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## STATEMENT OF AUTHENTICITY

I honestly declare that this thesis is my own writing, and it is true that I do not take any scholarly ideas or work from others. Those all cited works are quoted in accordance with the ethical code of academic writing.

Tangerang, 20 July 2020

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A handwritten signature in black ink, appearing to be 'Lis Ismawati', with a large, stylized flourish extending to the right.

(lis Ismawati)

## ABSTRACT

This thesis analyzes Extravert personality types in the novel *The Bookish Life Of Nina Hill*. The goals of this research is to find out what type of extravert personality that can be seen in the novel *The Bookish Life Of Nina Hill* which is related to the personality approach using Carl Jung's personality theory. This research focuses on Nina Hill's personality. The reason is because Nina Hill's personality is one of the interesting personalities to discuss because She is a nerd girl who wants to change her life to become more open to the world. The method that is used for this thesis is a qualitative method by collecting data through library books and collecting data online. The writer used the Psychoanalysis theory from Carl Jung that related with personality types. This theory is used to analyze the personality of Nina Hill. The results show that extravert personality types are divided into four types namely Thinking, Feeling, Sensing, and Intuiting. First is Extravert Thinking is a personality that thinks logically that by her is understanding and explaining things with logical rules. Second is Extravert Feeling is a personality that responds to something emotionally by her is rejecting opinions that do not suit her emotionally. Third is Extravert Sensing is a personality who seeks pleasure by her is enjoying her activities in her weekly activities. Furthermore, Extravert Intuiting is a personality who has creativity and takes advantage of the opportunity by her is making new ideas and taking advantage of opportunities to increase her knowledge.

***Keyword: Personality, Extravert, Psychoanalysis***

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# CHAPTER I

## INTRODUCTION

### 1.1 Background of The Study

The Literary work is the result of the activity of the author in producing a literary work that is closely related to psychological phenomena because the author displays aspects of the psyche through figures such as displaying expressions, emotions, and language that are directly related to human life. According to *Klarer (2004:1)* states that Literature is the whole expression of writing, with limitation that not all writings can be categorized as literary in the sense of the right word. Literary works can be described as an expression of the form of an author who put her ideas, mind and psychological into writing.

There are many kinds of literary works, and one of them is a novel. A novel is narrative work or fiction with some realism or human experience and The novel is also known as literature as a long printed story about imaginary characters and events. In his book, *Tarigan (1991): Prinsip – prinsip dasar sastra* considers novel or often referred to as romance is a fictional prose story in a certain length, which depicts the characters, movements and realistic scenes that are represented in a plot. Novel have characteristics that depend on characters, present more than one impression, present more than one effect and present more than one emotion.

Literary work viewed as psychological phenomena, the psychological aspects will appear through the character in the text such as text drama, prose and novel (Endraswara, 2003). Starting from the above explanation, there many thing writers to analyze the novel by using literary theory approach such as feminism, structuralism, and psychoanalytic, but the writer is interested in finding a psychoanalytic theory concern reflected in a novel, because it implicitly to help readers know the meaning of the psychoanalytic in the literary work.

As Psychological trait is shown in the characters, the reader will be more able to understand about the character's personality. Each will have different personality according to her environment or social life. Therefore, the character's personalities will be distinct with one another and it will be shown mind of the characters, behaviors or emotions toward themselves or their social environment.

There many kinds of novel with different stories, genres, themes, and setting. However the writer chooses The Bookish life of Nina Hill novel because the writer interested in the personality of The Nina Hill in the novel. The novel tells about Nina Hill who, livesalone and works in bookstore to make her notto feel lonely.She also joins in a knowledge club with her own bookstore. Then, because her joining to the club make her meet and interactwith other people. This experience make her easy become going with otherpeople.



In this novel, the Nina Hill's character supports the writer to analyze the extravert personality according to Psychoanalytic theory. Actually, not all novel can be analyzed by using Psychoanalytic theory, the people should really know about what psychoanalysis is, dismantling all set in the real, for choosing another meaning that is unknown by anyone.

### **1.2 Statement of The Problem**

Based on the background of the story above, the writer focuses on the problem of extravert personality types in the novel *The Bookish Life of Nina Hill*, as a form to find out more about extravert personality types. The writer observes the extravert's personality in the novel by looking at her social life as interacting with others, how to show her expressions and see her way of thinking. From this point, the Nina Hill's personality will be the main focus of analysis in this research.

### **1.3 Research Question**

Based on the statement of the problem above, the writer propose the research question: What are the types of extravert personalities that can be seen in *The Bookish Life of Nina Hill* by Abbi Waxman?

### **1.4 Goals and Function**

The goal of the study are to find out the type of extravert personalities in the novel *The Bookish Life of Nina Hill* by Abbi Waxman. The function of the study provides the information about type of extravert personality and help the

students in learning type of extravert personality. Moreover the research will be useful for the next researcher as their references who would like to do further analysis about type of extravert personality with the different data.

### **1.5 Scope and Limitations**

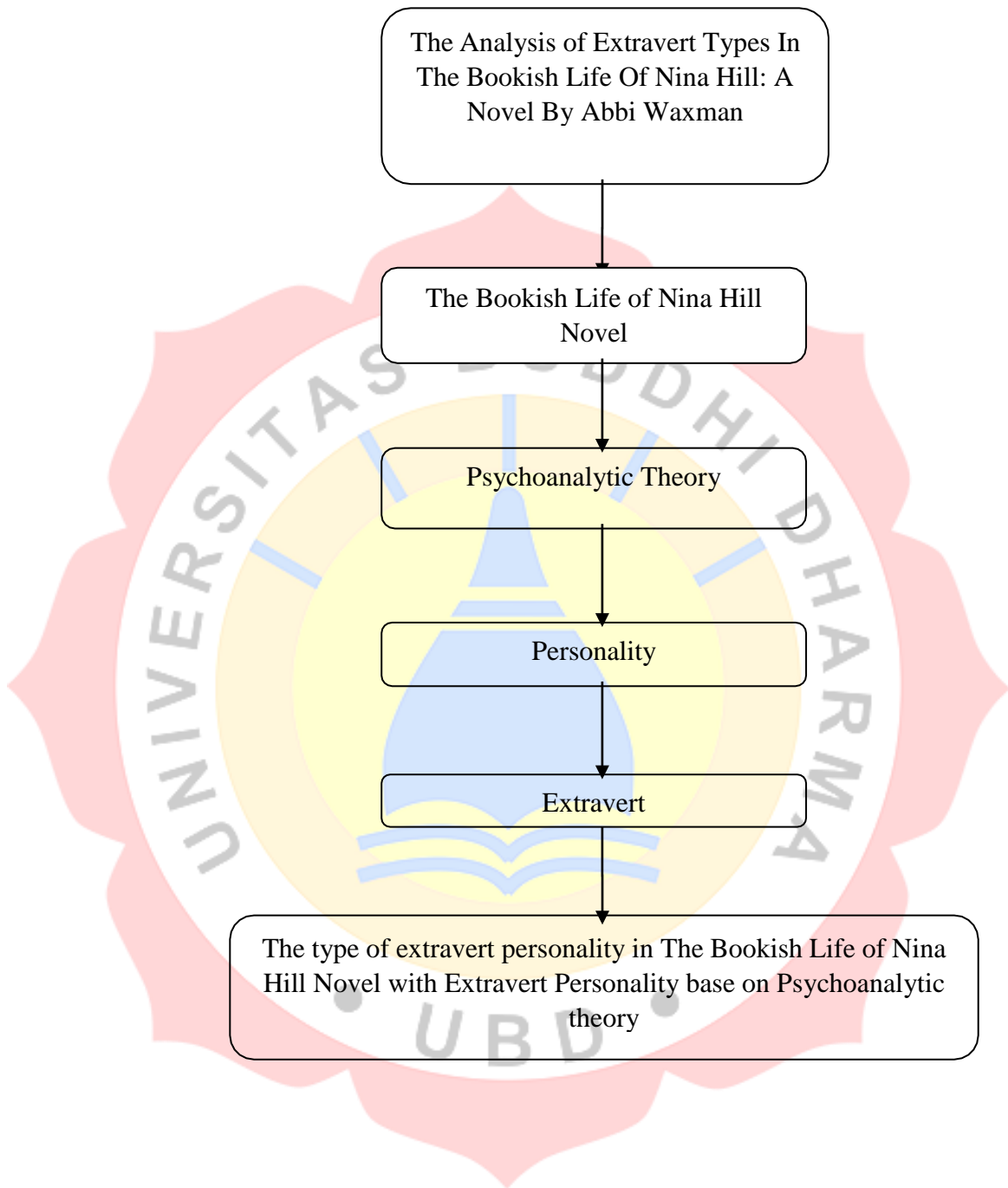
The writer focuses on Nina Hill's personality in this novel by using Psychoanalytic theory. In this research the writer to limit the discussion about Nina Hill extravert personality on *The Bookish Life of Nina Hill* written by Abbi Waxman. The scope of this study is extravert personality who has this personality like to think logically, easygoing, and more like have many friends.

### **1.6 Conceptual Framework**

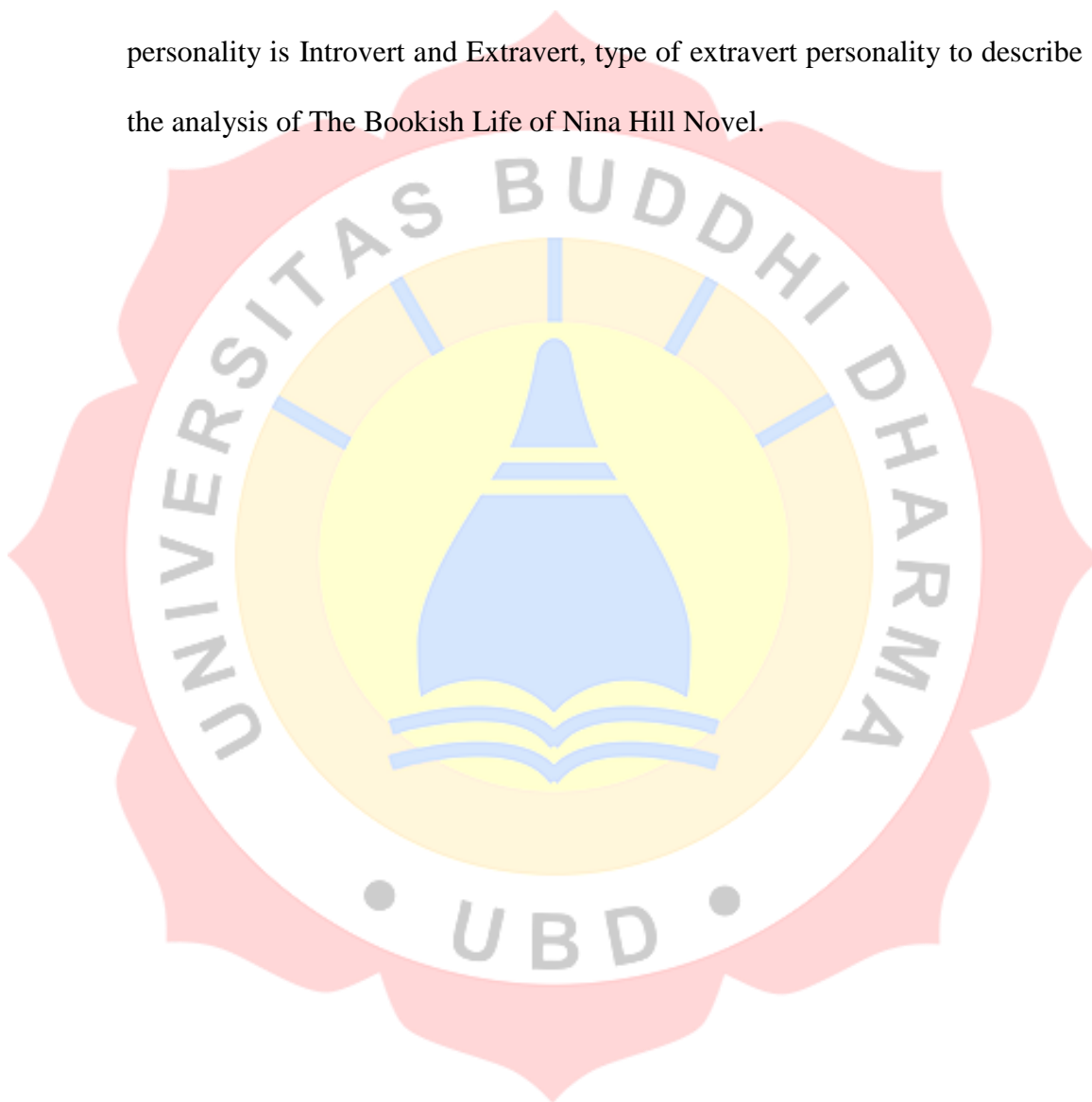
The conceptual framework of this as follow:

1. The writer find *The Bookish Life of Nina Hill* Novel
2. The writer begins about the relationship of personality the main character in the novel with Psychoanalytic theory
3. In the psychoanalytic theory has two types for describing personality is Introverted and Extraverted
4. The extravert has four types of personality for describing an extravert personality
5. Finally, the research finds the result about the type of extravert personality of the main character through psychoanalytic theory

### 1.6.1 Conceptual Framework



From conceptual framework showed above, the writer will use the novel entitled *The Bookish Life of Nina Hill* (2016) as the data analysis. The writer find *The Bookish Life of Nina Hill* Novel then begins analysis about the relationship of personality the main character in the novel with Psychoanalytic theory and found in the psychoanalytic theory has two types for describing personality is Introvert and Extravert, type of extravert personality to describe the analysis of *The Bookish Life of Nina Hill* Novel.



## CHAPTER II

### THEORITICAL BACKGROUND

#### 2.1 Review of Previous Study

There are some previous studies conducted by other researchers who using psychoanalysis of personality theory, The first is thesis by Hersi Intan Tarsila (2016), "*The Struggle of Cath Avery Against her Introvert Personality on Fangirl by Rainbow Rowell*".

This novel tell about two people who are identical twins, they are Cath and Wren and until recently they did everyting together. Cath has an introvert personality and Wren has an extrovert personality, Cath as the main character was having difficulties against her life in university because of her introvert personality. As an introvert, she experienced some conflict within herself. The Cath's way of struggles in facing those difficulties shows her introvert personality. In analyzing the data, Hersi employed Carl Jung's psychoanalysis of personality theory Introverted and Extraverted.

The personality side of the main character Cath Avery revealed that she felt her campus life was not right for her, unlike her twin sister wren who could easily get along and have many friends in campus. Cath prefers to be alone by completing her own novels rather than having to hang out with her schoolmates. until finally Cath met with her roommate and motivated her to try to familiarize herself with the others. This thesis reveals that the Cath Avery character from the psychology aspect of personality in the novel "*Fangirl*", personality

problemsarises in Cath's life that conflicts with itself that her introverted personality is not compatible with her campus life.

The other thesis was written by Dias Syeh Tarmidzi (2012), *“The relationship between personality types: Extroverts and Introverts with the academic achievements of University of Indonesia engineering faculties”*. In his thesis, he analyzed the personality of his schoolmate from The Mechanical Engineering Department using the theory of Carl Jung's personality, namely introvert and extravert.

He observed the way his friends studied in class and divided them into two teams namely the introvert personality team and the extravert personality team, the team with introvert personality tended to be more passive and aloof in the class while the team with extravert personality was more active and easier to express their ideas. This thesis uses quantitative data and reveals that students majoring in mechanical engineering with extravert (active) personalities are found more in mechanical engineering majors than those who have introvert (passive) personalities.

The similarities between the previous studies and this thesis are the theory used and data source. In this thesis, the writer's used Carl Jung is theory of personality – Introvert and Extravert to describe the main character personality problem, and the data source of the data to be analyzed is also novel, one of important of literary work. And then, and the difference between this previous study and thesis is that the writer focuses on analyzing the four types of extravert personality, namely thinking, feeling, sensing and intuiting. And differences in

researcher data in the thesis of Dias Syeh Tarmidzi using quantitative methods while the authors use qualitative methods.

## 2.2 Literature

Literature is a narrative of a story by presenting various expressions and situations based on the experience and imagination of the writer. In his book *'Writing Themes About Literature'* Edgar V.Roberts (1983) states that literature has three categories of novels, poetry and drama.

The novel is a literary work written in the form of a long narrative that tells of certain conflict in the lives of the character in the story. The novel is often referred to as a work that only tells a part of person's life. Such as the personal experience, human characterization, etc. Because the story from life people usually born of conflict, a dispute, which diverts the direction of their destiny.

J.F Kennedy (1993) states:

“Among the forms of imaginative literature in our language, novel has long been the favorite of both writers and readers. For more than two hundred years, only the lyric of poem which has been able to compete the novel in attracting outstanding practitioners”.

Novels tend to tell the same few stories. The Novelist frequently focuses on tensions between individuals and society in which they live. After all, The Novel is a part of literature. Every piece of literature, there must be a structure that played some roles in order the story more alive. That structural must relate and supporting each other.

### **2.3 Psychology**

Psychology comes from two Greek words. '*Psyche*' meaning mind and soul as well as '*logos*' meaning study. Therefore, psychology literally means the study of the mind. The current definition of psychology according to the Oxford English Dictionary is The Scientific study of the human mind and its function, especially in given content.

#### **2.3.1 Psychology On Literature**

The relationship between literature and psychology is showed by the term of psychology of literature. Psychology of literature is psychological studies that are applied in literary work. In Ratna Book; Teori, Metode, Dan Teknik Penelitian Sastra (2013) states that "Literary psychology is a real work related to the psychological aspects of the characters in the literary work, this aspect is usually inspired by the experience of human life and used as the main research object in literary psychology".



Learning psychology means the effect of studying individual understanding and aspects of understanding others who have unique and specific attitudes, which distinguish them from others. For a long time, literature and psychology had a close and inseparable relationship, because psychology was part of literature, supporting and influencing each other. This study uses psychological literature because the writer wants to know the personality types in personality theory in psychological approaches.

#### **2.4 Personality Theory**

Personality theory study is quite broad, and diversified in its history, related to the psychological methods of approach, followed with an abundance of conventional theories. Trait based personality theory, or the dispositional theory is the most famous out of all. Behaviorist theory, and the psychodynamic theories are profound as well. Personality has been defined by Pervin (2001) as a complex organization of cognitions, affects, and behaviours that give direction pattern (coherence) to a person's life.

Based on D.P. Schultz book. Theories of Personality (2008) Jung said "Personality has two type as Extraverts and Introverts, Which everyone has the capacity for both attitudes, but only one becomes dominant in the personality. The dominant attitude then tends to direct the person's behavior and consciousness. The non-dominant attitude remains influential, however and becomes part of the personal unconscious, where it can affect behavior". Basically humans have

different personalities, some have an open nature and some have a closed nature. Every personality has a characteristic that can distinguish it, every human being has an introvert and an extrovert personality, It just depends on which side of the personality is more prominent in her.

#### **2.4.1 Extravert and Introvert Personality**

According to Jung (2008) said Extravert are open, sociable, and socially assertive, oriented toward other people and external world. Introvert are withdraw and often shy, and they tend to focus on themselves, on their own thoughts and feeling. Personalities have different characteristics, which indicate the human nature in behaving in the environment. Everyone has the capacity for both attitude, but only one becomes dominant in the personality. The dominant attitude then tends to direct the person's behavior and consciousness. The non-dominant attitude remains influential, however, and becomes part of the personal unconscious, where it can affect behavior. For example, in certain situations an introvert person may display characteristics of extravert, wish to be more outgoing, or attracted to an extravert.

As Jung came to recognize that there were different kinds of extraverts and introverts, Jung proposed additional distinctions among people based on what he called the psychological function. These function refer to different and opposing ways of perceiving or apprehending both external real world and our inner world Jung posited four functions of the psyche: thinking, feeling, sensing, and intuiting.

## 2.4.2 Extravert Type

Based on type personality (extraverts and introverts) and psychological function

Jung proposed four extravert type:

1. *The Extravert thinking type*: Lives strictly in accordance with society rules. These people tend to repress feeling and emotions, to be objective in all aspect of life, and to be dogmatic in thoughts and opinions. They may be perceived as rigid and cold. They tend to make good scientists because their focus is on learning about the external world and using logical rules to describe and understand it.
2. *The Extravert feeling type*: Tends to repress the thinking mode and to be highly emotional. These people conform to the traditional values and moral codes they have been taught. They are unusually sensitive to the opinions and expectations of other. They are emotionally responsive and make friends easily, and they tend to be sociable and effervescent. Jung believed this type was found more often among women than men.
3. *The Extravert sensing type*: Focuses on pleasure and happiness and on seeking new experience. These people are strongly oriented toward the real world and are adaptable to different kinds of people and changing situations. Not given to introspection, they tend to be outgoing, with a high capacity for enjoying life.
4. *The Extravert intuiting type*: Finds success in business and politics because of a keen ability to exploit opportunities. These people are attracted by new ideas and tend to be creative. They are able to inspire others to accomplish and achieve. They also tend to be changeable, moving from

one idea or venture to another, and to make decisions based more on hunches than on reflection. Their decisions, however, are likely to be correct.

Table 2.4.2 Extravert type

Extravert thinking	Logical, objective, dogmatic
Extravert feeling	Emotional, sensitive, sociable, more typical of women than men
Extravert sensing	Outgoing, pleasure-seeking, adaptable
Extravert intuiting	Creative, able to motivate others and to seize opportunities

### 2.4.3 Introvert Type

Based on type personality (extraverts and introverts) and psychological function Jung proposed four extravert type:

1. *The Introvert thinking type*: Does not get along well with others and has difficulty communicating ideas. These people focus on thought rather than on feelings and have poor practical judgment. Intensely concerned with privacy, they prefer to deal with abstractions and theories, and they focus on understanding themselves rather than other people. Others see them as stubborn, aloof, arrogant, and inconsiderate.
2. *The Introvert feeling type*: Repress rational thought. These people are capable of deep emotion but avoid any outward expression of it. They seem mysterious and inaccessible and tend to be quiet, modest, and

childish. They have little consideration for others' feeling and thoughts and appear withdrawn, cold, and self-assured.

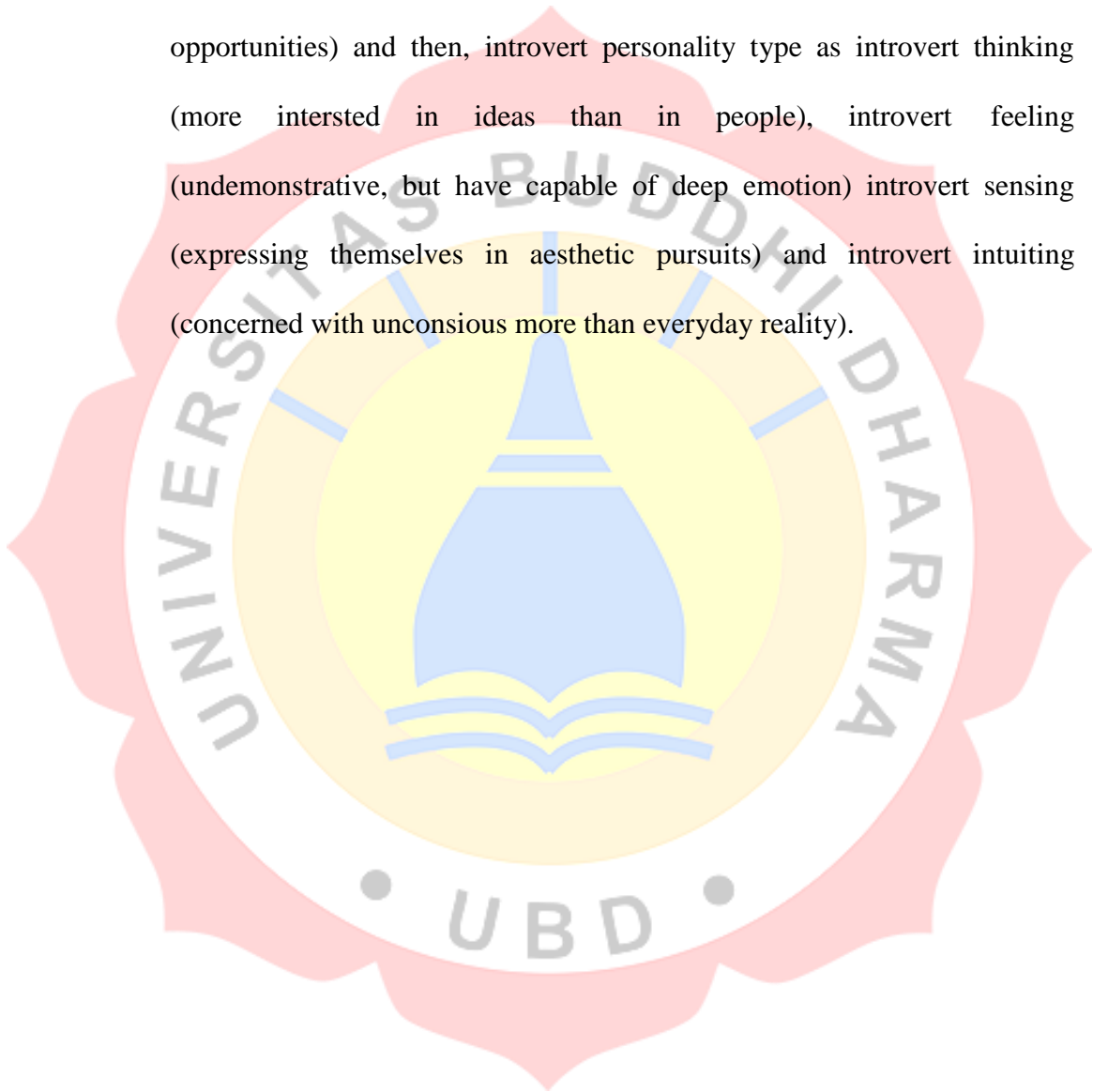
3. *The Introvert sensing type*: Appears passive, calm, and detached from the everyday world. These people look on most human activities with benevolence and amusement. They are aesthetically sensitive, expressing themselves in art or music, and tend to repress their intuition.
4. *The Introvert intuiting type*: Focuses so intently on intuition that they have little contact with reality. These people are visionaries and daydreamers-alooof, unconcerned with practical matters, and poorly understood by other. Considered odd and eccentric, they have difficulty coping with everyday life and planning for the future.

Table 2.4.3 Introvert type

Introvert thinking	More interested in ideas than in people
Introvert feeling	Undemonstrative
Introvert sensing	Expressing themselves in aesthetic pursuits
Introvert intuiting	unconscious

From the explanation above, it can be said that personality has two types, namely extravert and introvert. These two different personalities depend on which side is more dominant, and there are four psychological functions, namely thinking, feeling, sensing and intuition. these

four functions can be grouped into extravert personality types namely extravert thinking (logical, objective and dogmatic), extravert feeling (emotional, sensitive, sociable, this type tends to be more to women), extravert sensing (friendly, looking for pleasure, adapting), and extravert intuiting (creative, able to motivate others, take advantage of opportunities) and then, introvert personality type as introvert thinking (more interested in ideas than in people), introvert feeling (undemonstrative, but have capable of deep emotion) introvert sensing (expressing themselves in aesthetic pursuits) and introvert intuiting (concerned with unconscious more than everyday reality).



## **CHAPTER III**

### **RESEARCH METHODOLOGY**

This chapter described the method applied, data collection process, and instruments used. Additionally, the procedure of the data and techniques of data analysis was covered.

#### **3.1 Subject matter**

In this subject of the research is personality, character from The Bookish Life of Nina Hill Novel. The writer used qualitative method. Qualitative method concerned with describing the main character is situation. The writer uses a novel book to describe the type of extravert person of Nina Hill character by using the theory of personality from Carl Jung.

#### **3.2 Material**

The sources of data were from “The Bookish Life of Nina Hill Novel”, The book was published in 2019 by Abbi Waxman. The writer do research on the collection data, the writer only needs to do a research internet. First, the writer search the novel in Google “The Bookish Life of Nina Hill Novel pdf” and after finding the novel, She downloaded the novel. The novel has 351 pages, published July 2019 by Berkley.

### 3.3 Approach

The research approach is a plan and procedure that consists of the step of broad assumptions to detailed methods of data collection, analysis and interpretations, There are two types of research approach, they are qualitative and quantitative research. According to Punch(1998:4) Qualitative research is empirical research where the data are not in the form of numbers. This research applies the qualitative approach. The writer has used the theories of personality by Carl Jung, there have four types of extravert personality to analyze the main character in The Bookish Life Of Nina Hill novel. So the writer has any relevant dialogues and text of paragraph of the novel, then order to support analyze the main character.

### 3.4 Procedure

In collection the data, the researcher used descriptive method. In this case it was conducted through the following steps:

1. The writer read the novel carefully
2. The writer identified the main character in the novel how to describe her personality by using her social life
3. The Identified data could be put as the data of type extravert of the main characters in *The Bookish Life Nina Hill Novel*.
4. After finding and classifying all the data, the researcher sought the research findings.