



**BUDDHI DHARMA UNIVERSITY**

**An Analysis of Internal Conflict Faced by John Paul  
in Liane Moriarty Novel “*The Husband’s Secret*” (2013)**

**Presented as a partial fulfillment of the requirement for the Undergraduate Program**

**CLARITA ISWANDARI**

**20160600012**

**FACULTY OF SOCIAL SCIENCES AND HUMANITIES**

**ENGLISH DEPARTMENT**

**TANGERANG**

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## FINAL PROJECT APPROVAL

Name : Clarita Iswandari

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Faculty : Faculty of Social and Humanities

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Final Project Title : **An Analysis of Inner Conflict Faced by John Paul in Liane Moriarty Novel "The Husband's Secret" (2013)**

The final Project has been approved to be examined as a partial fulfillment of the requirement for Undergraduate Degree (S1).

Tangerang, 28 June 2020

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Tangerang, 28 June 2020

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## STATEMENT OF FINAL PROJECT AUTHENTICITY

I declare that this final project is my own writing. It is true and correct that I do not take any scholarly ideas or work from others. That all cited works were quoted in accordance with ethical code of academic writing.

Tangerang, 28 June 2020



Clarita Iswandari

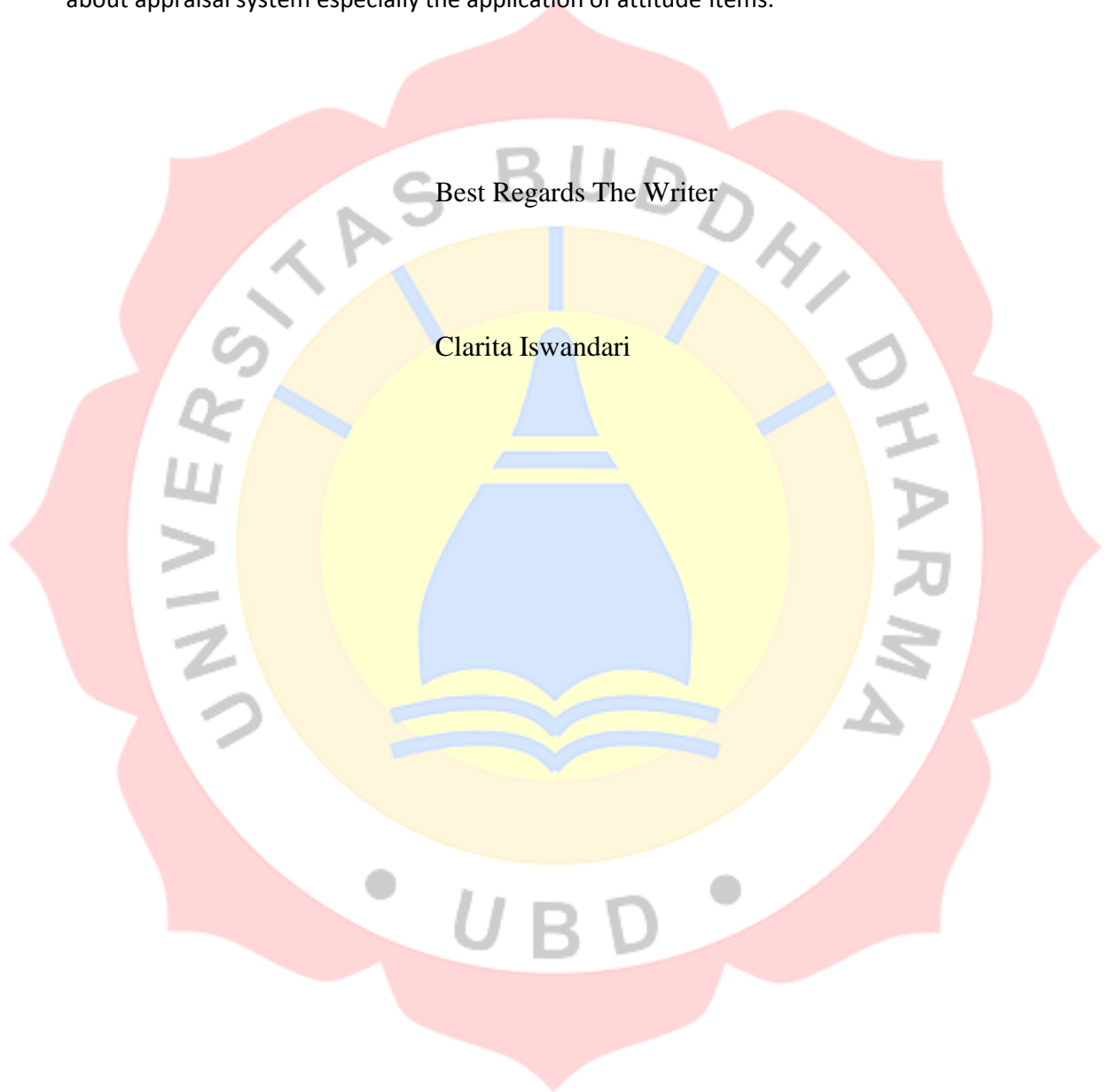
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Best Regards The Writer

Clarita Iswandari



## ABSTRACT

This thesis studied about John Paul's Internal Conflict in Liana Moriarty "The Husband's Secrets". The aim of this research are to know how John Paul faces the internal conflict as described by Liana Moriarty in novel "The Husband's Secrets". The novel was first published on 30 July 2013. This novel contains 59 chapters with 496 pages. Then in this study he writer uses descriptive qualitative method. The data analysis technique in this research used formalism approach as explained Alex Sobur's Internal Conflict theory. There are three types internal conflict based on Sobur theory. Such as approach-approach conflicts, approach-avoidance conflicts and avoidance-avoidance conflicts. Then in this study the writer found one approach-approach conflicts, three approach-avoidance conflicts and four avoidance-avoidance conflicts. In this novel, the main character of John Paul has a very fatal mistake of murder. He keeps it a secret from everyone including his parents, his wife, his daughter and Janie's parents. Janie is a murder victim committed by John when he was a teenager he was annoyed because Janie rejected his love and prefer other men. Then the writer also found five kinds of resolution to resolves the conflict based on Supratiknya theory they are turtle style, shark style, mouse deer style, fox style and owl style. John Paul resolves his conflict by using three turtle style,one shark style,one mouse deer style,one fox style and one owl style. John Paul as main character experienced conflicts that are dominated by Avoidance-Avoidance conflict He resolved his conflict on turtle style. Finally he could faced his conflict even his wife knew about the truth but she still keep her husband's secrets.

Keyword : Conflict, Internal conflict, and Resolves conflict.

## TABLE OF CONTENTS

<b>FINAL PROJECT PROPOSAL</b> .....	i
<b>RECOMENDATION FOR THE ELIGIBILITY</b> .....	ii
<b>THE BOARD OF EXAMINERS</b> .....	iii
<b>STATEMENT OF THE AUTHENTICIT</b> .....	iv
<b>ACKNOWLEDGEMENT</b> .....	v
<b>ABSTRACT</b> .....	vii
<b>TABLE OF CONTENTS</b> .....	viii
<b>Chapter I</b>	<b>CHAPTER I INTRODUCTION</b>
1.1 Background of the Study .....	1
1.2 Statement of the problem.....	4
1.3 Research Question .....	5
1.4 Scope and Limitation.....	5
1.5 Goal and Function .....	5
1.6 Conceptual Framework.....	6
<b>Chapter II</b>	<b>CHAPTER II THEORETICAL FRAMEWORK</b>
2.1 Previous Studies .....	7
2.2 Literature .....	9
2.3 Novel .....	10
2.4 Conflict.....	14
2.4.1. Kinds of Conflicts .....	14
2.4.2. Internal Conflicts .....	15
2.2.3. External Conflicts.....	15
2.5 Internal Conflict Theory .....	18
2.6 How to Resolve Conflict .....	19
<b>Chapter III</b>	<b>RESEARCH METHODOLOGY</b>
3.1 Subject Matter .....	21
3.2. Subject Material .....	22
3.3 Approach .....	22
3.4 Procedure of Data Collection.....	23
<b>BAB IV</b>	<b>FINDING ADND RESULT</b>
4.1 The Internal Conflict John Paul Faces.....	25
4.4.1. Approach-Approach Conflict .....	25
4.4.2. Approach-Avoidance Conflict .....	27
4.4.3. Avoidance-Avoidance Conflict.....	30
4.2 The Way John Paul Resolve the Conflicts.....	33
4.2.1. Turtle style.....	33
4.2.2. Shark style .....	35
4.2.3. Mouse deer style.....	36
4.2.4. Fox style .....	36
4.2.5. Owl style.....	37

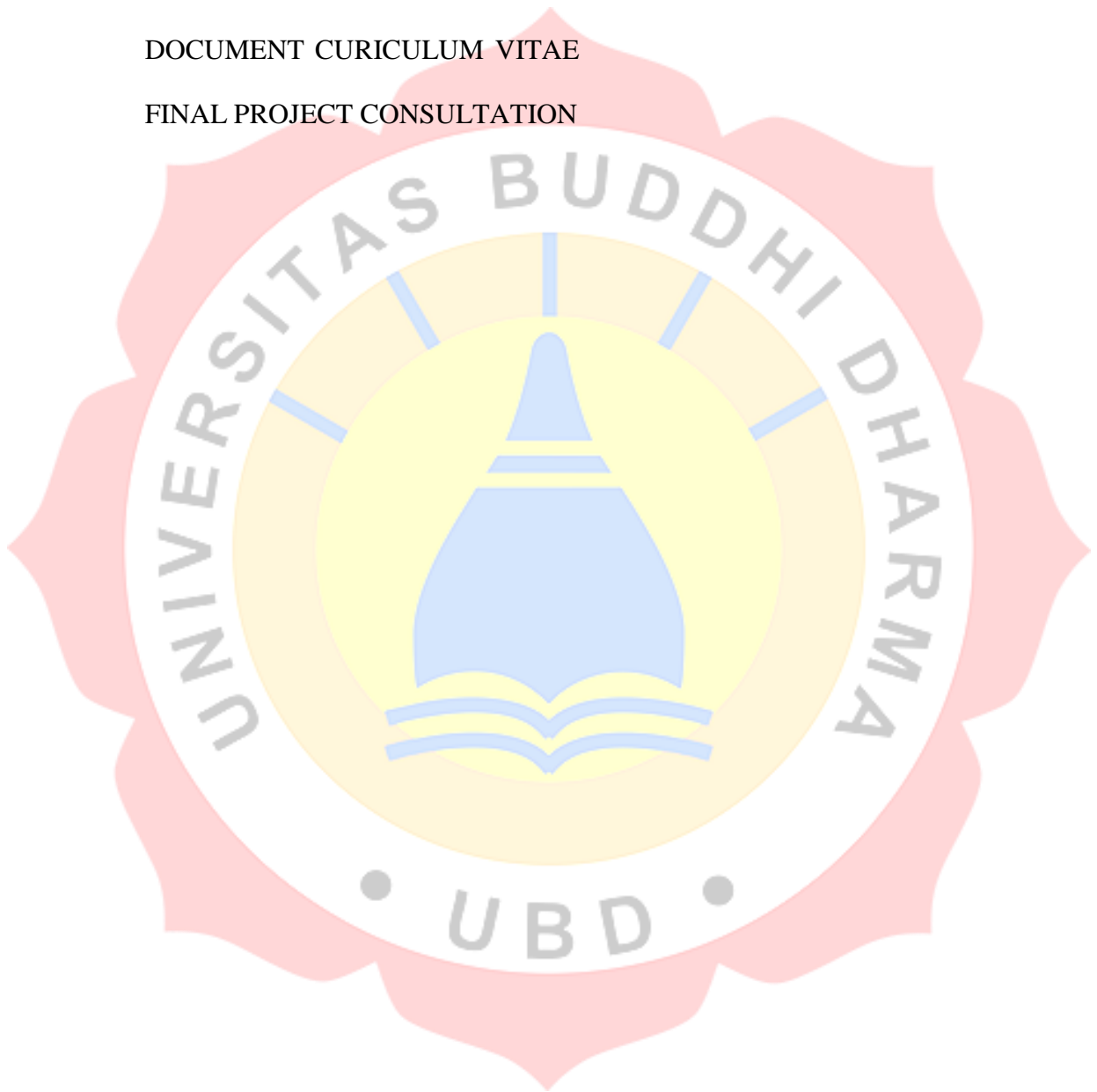
BAB V	CONCLUSION AND SUGGESTION	
	5.1. Conclusion.....	40
	5.2. Suggestion.....	41

**REFERENCES**

SUMMARY

DOCUMENT CURICULUM VITAE

FINAL PROJECT CONSULTATION



## CHAPTER I

In this chapter, the writer presents the background of the study about this analysis. Then the writer presents the statements of the problem to support this analysis. After that the writer presents research questions and add goal and function to support this analysis. After that the writer presents the scope and limitation to analysis this novel to limits. And then the writer presents the conceptual framework to analysis this novel.

### 1.1 Background of Study

Nowadays, literature known as a work that expresses a thought and feeling. Literary works can also be used as an experience to express the human feeling and thought in the art of written text. Generally, literature can be divided into two categories there are fiction work and nonfiction work. Fiction is a prose of the nature of imagination and not based on reality, and example of fiction works are poetry, novels, and drama meanwhile non-fiction is a work of art that is factual or based on reality and contains truth in, and examples of non-fiction works are essays, biography and autobiography. A literary works can describe human life, because through literary works we can understand what happens in human life.

According to Wellek and Warren (1956: 3) literature is mirrors and expresses life that is even more ambiguous . It means that the literature is come up from the events happen in the society. In literature, the author presents a work to delivers his or her ideas to the reader. Futhermore Jones (1986 : 1) states that literature, in it is broaden sense includes all written

materials. Since the general grouping of materials will be in a vary various number ; history books, philosophical works, novel, poems, plays, scientific articles, dictionaries, magazines, school textbooks, etc. From the jones statement we knew that a literary work is a work that can be expressed in many ways.

In this study the writer focuses on one of the most popular literary works, it is novel. as we know that a literary work is written as an art to give a message in a work. The writer thinks that novel has rich elements that is contained some interesting things in inside and outside of it. As we knew Novel can describe a real life related to human life which includes joy, sadness, feelings, and egoism and many things related to the challenges of human life. In a novel, the author expresses feelings and thought of characters by showing the conflict.

Meanwhile according to Lukens (2003: 100-104) said that, the basic conflict most frequently cited the first is when the individual in conflict against himself the second is the individual in conflict against another individual, the third is the individual in conflict against society, and the fourth is the individual against nature. From the statement above, the writer thinks that conflict can be divided into two categories. They are Inner conflict (when the individual in conflict against himself), and External conflict (when the individual in conflict against outside ). As we knew in real life people has conflict their life that people never knew and how people survive their problem with themselves.

According to Hornby (2000:867) novel is a story long enough to fill a complete book, in which the characters and events are usually imaginary and Inner conflict is a personal conflict caused by the existence of two or more desires that contradict and control the individual, so that it affects the nature, behavior and actions of a person, basically everyone has experienced conflict in his life. Meanwhile according to Hardjana (1994: 23 conflict occurs when the relationship between two people or two groups, one action is contrary to another, so that one or both of them are interrupted. Then according to Marcus (2000:366) defines that conflict is incompatibility of ideas, beliefs, roles, needs, desires, values, and so on. While Sanderson (1991:505) defines conflict as an opposition of interest between and among various individuals and social groups, which may or may not be overtly observable, and which may or may not break out into open dispute or physical violence. From the statement above as we know that people face problem in their life and sometimes it is not easy to face the problem and we know that conflict can happens when the the ego of each individual that is not controlled and can be cause conflict with other individuals.

Based on the illustration above, as we know that in real life people have conflict in their life. conflicts whether they are outer or inner conflicts. Sometimes he or she have need to have power to challenges their self to solve the conflicts. As we know that as human this often appears happens in human life. The writer thinks that so many authors who are inspired to put many conflicts in his or her novels the aim is to make the novel more interesting to read.



In this study the writer uses a novel *“The husband secret”* by Liane Moriarty (2013). Liane Moriarty is an Australian novelist, born on 15 november 1966, in Sydney, Australia. Liane has written 6 novels: *“The Last Anniversary, What Alice Forgot, The Love Story Hypnotists, The Husband's Secret, Big Little Lies, and Truly Madly Guilty, and the Nicola Berry series for kidson”*. In August 2013 the fifth novel of Liane *“The Husband's Secret”* was released in the US and within two weeks has climbed the charts to become the # 1 New York Times Bestseller. The Husband’s Secret continues to sell over 3 million copies worldwide. This novel contains 59 chapters with 496 pages.

This novel tells about the secrets that has been made by John Paul as the main character. He has kept a secret to everyone including his parents, his wife and children. Jannie is a woman who is a victim of John Paul. He kills Janie because Janie has rejected his love and she told John Paul that she has fallen in in love with the other men. John Paul have thought that Janie had a feeling with him but the truth it is not like John’s expectation. John felt frustrated and at that moment John Paul suddenly strangled Janie's neck until Janie was hard to breath and Janie tries to explain to John Paul but him does not care about anything and then Janie passed away. And he still keeps his secrets until marriage and have children there is no one knows, including Cecilia as she is John’s wife.

## **1.2 Statment of the problem**

Based on background of study above, John Paul as the main character is a man who has some mistakes and secret in his life. In this study the writer

chooses to analyze inner conflict that is faced by John Paul as the main character. The inner conflict that he faced are he always feels guilty everyday then he cannot forget what he has to do to Jannie. And he always keeps the secret to others people especially his wife and his parents. The writer choose inner conflict because the writer was interested of a mistakes someone had mad and eventually made him, feels guilty in his life that we can see from the several conflicts that happens. Then the writer wants to analysis inner conflict and how John Paul resolve the conflict.

### **1.3 Research question**

1. What kind of internal conflict does John Paul face in “The Husband’s Secret” based on Alex Sobur’s theory
2. How does the main character resolved the conflicts?

### **2.4 Goal and Function**

The goal of this study is to know John Paul internal conflict happens and describes what kind of internal conflict and how John Paul resolve the conflict in “*The Husband’s Secret*” novel based on Alex Sobur’s theory and Supratiknya theory. And the function is to give more knowledge or information for the readers or students who want to analysis about inner conflict as a reference with applying Alex Sobur’s Theory

### **2.5 Scope and Limitation**

The scope of this study focus on internal conflict faced by John Paul as the main character. And how the main character interacts and reacts some conflicts and each conflict work in the story. The writer wants to limit how the internal conflict happened. And the writer wants to found what kind of

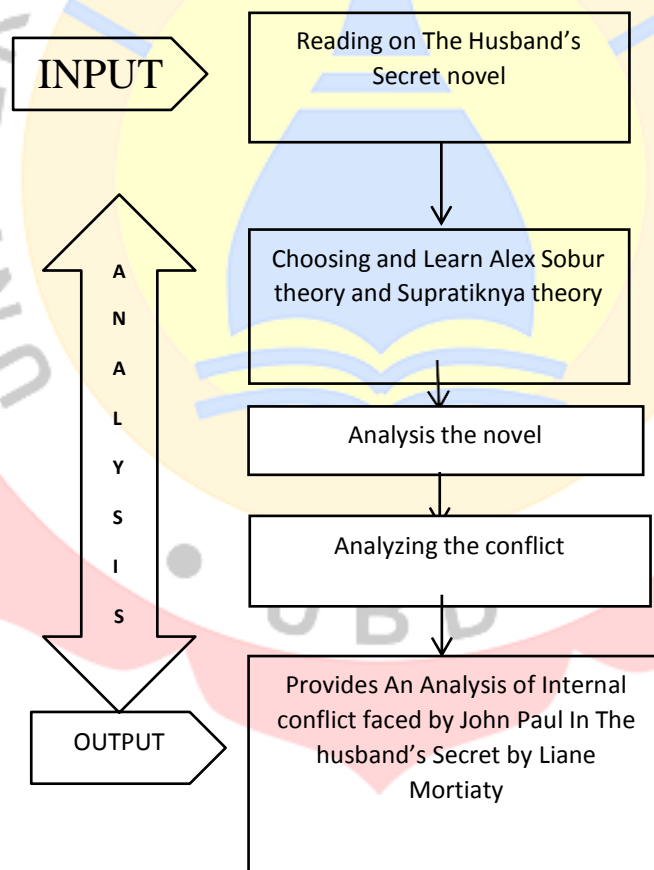


internal conflict that is faced by John Paul by applying Alex Sobur's theory about internal conflict.

## 2.6 Conceptual Framework

In order to make this thesis

1. The writer reads "*The Husband's Secret*" novel
2. The writer choose and learn Alex Sobur and Supratiknya theory
3. The writer analyzing the novel
4. The writer analyzing internal conflict faced by John Paul
5. In the end, the writer provides An Analysis of Internal Conflict faced by John Paul In The husband's Secret by Liane Mortiaty



## CHAPTER II

### THEORITICAL BACKGROUND

In this chapter, the writer presents the review of previous study from the others analysis about internal and add one analysis in Liane Moriarty's *"The Husband's Secret Novel"*. Then the writer adds the little explanation about literature. After that the writer presents add intrinsic elements of novel. The last the writer presents the explanation about conflict, kinds of conflict internal and external conflict and add kind of internal conflict based on Alex Sobur's theory

#### 2.1 Review of Previous Studies

The writer presents some previous findings, which related to or relevant with this research, as follows:

Rian Nurkhasanah (2018) in his thesis "Feeling of The Guilt Reflected in Liane Moriarty's *The Husband's Secret Novel*". His research he used descriptive qualitative research method and psychoanalytic approach. and he found out 3 elements in Freud theory they are the first in id John feeling for Jane and he wanted to Jane all the time. The second in ego John wanted to stay with Jane whenever he needed. And the third in superego John let Jane go for as long as he does.

Nur Hidayah (2018) in her thesis "Internal Conflict Faced by Main Characters of *My Sister's Keeper* by Jordi Picoult" her thesis she used descriptive qualitative research method and used theory conflict by Kurt

Lewin. In this thesis her found The reslut show there are there kinds internal conflict faced by main characters in My sister's keeper. Those are avoidance-avoidance conflict, approach-avoidance conflict, and multi approach avoidance conflict.

In rian Rian Nurkhasanah the similirity with this reasearch is used the same object. then in Rian Nurkasanah and Nurhidayah,the similarities are same analyzed about the inner conflict that is faced by main character. The differences are in Rian Nurkhasanah used the sigmund frued theory, meanwhile. Then in Nuhrhidayah her used Theory conflict by Kurt Lewin.

## **2.2 Literature**

As we know Literature works is expression of human which come from experience and thought. Then a literary works created from the writer imagination which was poured in a writing. An author usually makes a

character and make the reader think that they are actors in the story. Therefore, imagination is always tied to reality, while reality cannot be separated from the imagination. And probably no two readers get exactly the same thoughts.

According to Taylor (1981) said that literature like other arts, is essentially an imaginative act, that is an act of writer imagination in selecting, ordering, and interpreting life-experience. From the statement above the writer concludes a literary work is art that is formed in an author's imagination. In addition, through literary works people can learn something about life that can raise their mature sensibility for all things in this world. Meanwhile according to Wellek and Warren (1955: 212), literature must always be interesting; it must always have a structure and an aesthetic purpose, a total coherence and effect. From the statement above as we know in analyzing the literary work, the relationship of the whole parts that build the story must be identified and discovered because they are related to and support each other. The intrinsic aspects of fiction are theme, character, plot, setting, point of view, style and tone, structure and technique. These aspects are interrelated in building up a good story

### **2.3 Novel**

As we know that novel is a fiction work. Then novel also contains with intrinsic and extrinsic elements inside. The writer thinks novel is created by the author who imitated the real world which is combined with his or her

imagination. And novel have a few of genre such as romantic novel inspiration novel, comedy novel and horror novel. meanwhile novel also have a few of element they are theme, character, setting, point of view, message, and plot.

According to Sugira (2004:74) a novel creates with some aspects of structure like plot, theme, character, language style, and point of view. Based on statement above the writer thinks that in the novel all aspects connect one aspect to create a literary work. Then novel also contains imagination created about aspect of human. The stories like novel always have character, then character do interaction to develop the plot. Meanwhile characters besides as subject also to be the object of the plot. The writer concludes that studying a literary work, especially novel will help us have a better understanding of life, environment, and culture. Besides, it also helps us know more about human problem with the conflict they faced. In analysis a novel, as we know there is a step in order to get better understanding about the novel, such as theme, characters, plot, and setting.

a. Theme

Theme contains the value of character when the main character resolving the conflict of their goal. It can be the foundation and purpose of your novel. Without purpose the story becomes worthless. According to Menrath (2013) theme is message or central idea of a literary piece of art. It is found out indirectly by the reader. As we know Theme is a moral of your story. It is a message you created to give a lesson for a reader

b. Characters

As we know the most important aspect of a good novel is characters in the story. The reader should understand about what happens with them in the story. According to Langhlin (1989:375). Character is the human element in the story, the appeal to our curiosity and our sympathy. From the statement above to raise the story an author needs to create the characters as real people, then the characters need to create have hope and fears, strengths and weaknesses. Furthermore an authors need to write down as detailed as possible the characters in the story to make the reader understand about the story.

c. Charatezation

As we know characterization is part of novel. an author needs to add characterization to raise the character. According to Jones(1968:84) said that characterization is the depicting of clear imagines of person.He continuous saying about characterization as follows: “There are two methods of characterization: The Dramatic and the Analytic. In the dramatic we for mour opinion of the characters from what they do and say, from the irenvironment and from wha to the characters think of them. In the analytic method the author comments upon the characters explaining their motives,their appearances and their thoughts”. from the statement above In other words the writer thinks the characterization is showing a imagination of a person or something. Such as how they live, where they live,how their relationship with others characters.

d. Plot

Every novel need created character to played a role in the story. Then the writer thinks plot is the actions in the story related to each other. meanwhile according to Abrams in Siswanto (2008: 159). Plot is series of stories created by stage of events that build a story that presented by the actions in a story. From the statement above as we know that every action has a relationship with another actions. Also, plot is dived to three parts, there is exposition, climax, and resolution.

e. Setting

Setting perhaps also the most important part in the novel. The writer thinks the setting is something that shows the place and time where the story takes place. Meanwhile according to Stanton (2007:35) Setting is intangible certain times (day, moth and year), weather, or a historical period. From the statement above the writer thinks settings also the important parts in the story. Because setting has a function to show an actions where the actions happens in the story.

f. Point of View

As we know that an author write The point of view to make as one of the many strategies to deliver the story. according to Stevens (1990: 2) A Point of View is the perspective from which a story is told. from the statements above we know that from the point of view it can affect the way the presentation of a story or essay written by an author.

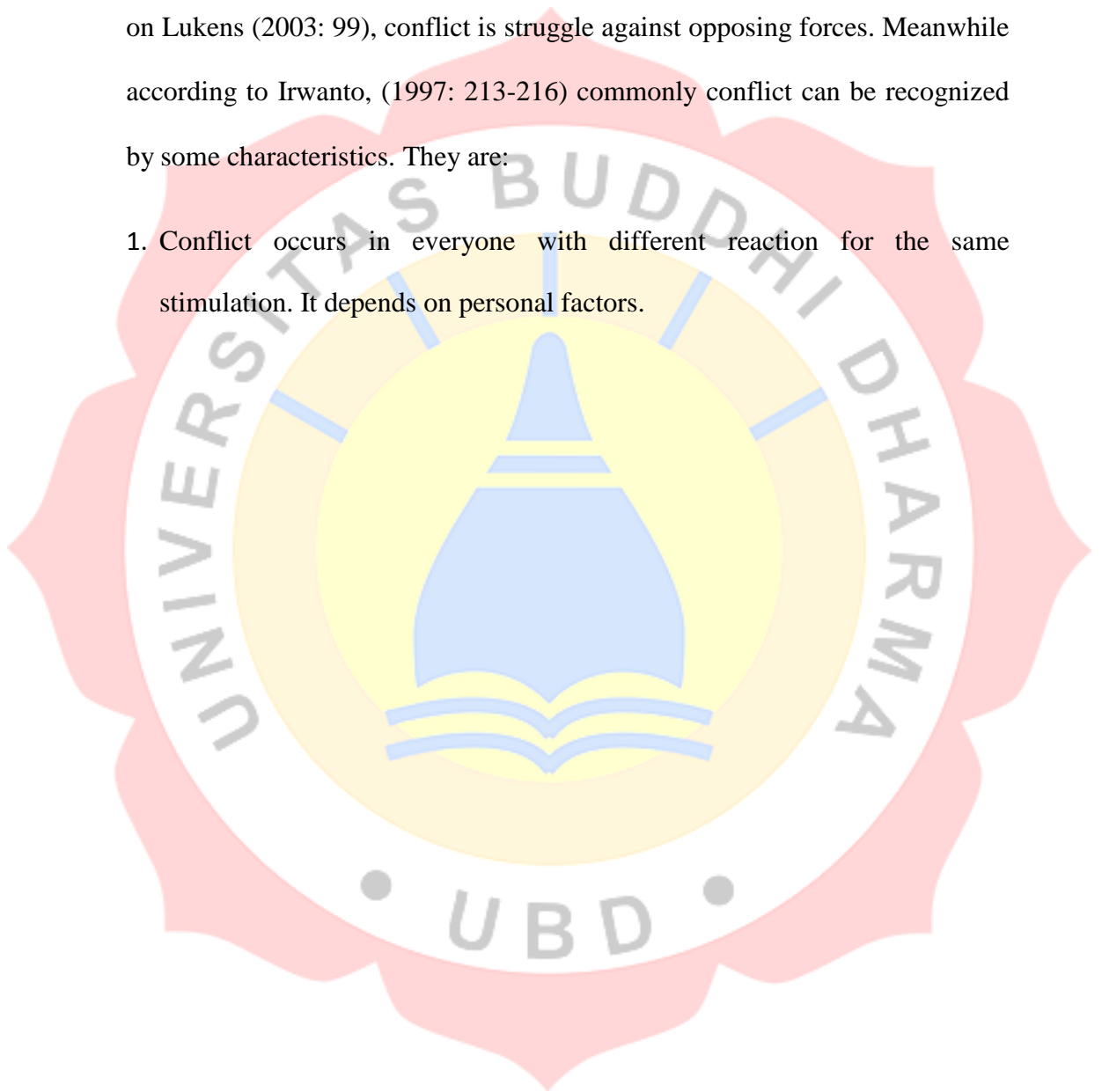


## 2.4 Conflict

As we know every human has conflict in their life that is should faced.

In literature and in real life humans face internal and external conflicts. Based on Lukens (2003: 99), conflict is struggle against opposing forces. Meanwhile according to Irwanto, (1997: 213-216) commonly conflict can be recognized by some characteristics. They are:

1. Conflict occurs in everyone with different reaction for the same stimulation. It depends on personal factors.





2. Conflict occurs if motifs have value which equal or same. It creates confusion and suspense.
3. Conflict can take short time but it also can take length time

Based on the statement above the writer thinks a conflict happens when human have problems with the others. Then we can see how the human thinks the conflict need to more time to resolve. Every human has the different views for every conflict they faced.

#### **2.4.1 Kinds of Conflicts**

From our everyday life, sometimes we due conflict from interact and communicate. conflict happens when we have problems with others people. as a human sometimes we have different ways to respond the conflict in every situation. While Gordon and Kuehner (1975:2) say, "Conflict is an internal or external struggle between main character and an opposing force". From the statement above as we know in the fiction to get more interested from the reader, we must involve the reader itself. We should create the conflict to make the readers interested more and make the reader want to know about what happend in the end of our works. Then conflict is divided in two, they are internal and external conflicts.

#### **2.4.2 Internal Conflicts**

To make the story more interesting, the author should put in a several conflict in the story. The internal conflict sometimes happens in the character and it can make the reader interested and has a questions what will happens in the next story. According to Nurgiyantoro, internal conflict or psychological conflict is the conflict that occurs in the heart or soul of a

person or the characters in the story (2002:124). From the statements above. In novel the authors created conflict through the character. Then internal conflict happens in the internal side of a person.

### **2.4.3 External Conflicts**

As we know, external conflict happens between a character with something that exists outside of him or herself. Furthermore, according to Nurgiyantoro (2002:124) external conflict is a conflict between a character and something outside him or her, perhaps the natural environment or human environment. Based on statements above the writer thinks that the external conflict happens when character struggle against some outside force, such as another person, nature or society.

It is suitable with Koesnosoebroto (1988: 43), he also said that conflict divided in two, there is external conflict and internal conflict.

#### **1. External Conflict**

External conflict is a struggle between a character and an outside force.

Characters may face several types of outside forces. They are:

- a. The outside force may be another character (Man vs. Man).
- b. The outside force may be forces of nature (Man vs. Nature).
- c. The outside force may be society (Man vs. Society).

#### **2. Internal Conflict**

Internal conflict is a struggle that takes place in a character's mind. An internal struggle is inside one's head. Some literary conflicts take the form of a character struggling to overcome fear, addiction, emotional damage or other crippling personal issue.

Generally, characteristic of internal conflict included:

- a. A character feel dilemma. The dilemma happens when a human need decide something with the right or wrong in the situation. or struggle in two solution in one problem. For example: ferin thinks the shoes her gets from her mother is ugly. but her mother want to looking forward her wear it her sing competition in her school. but deka her boyfriend will be there. she feels dilema in this situation. if she not wear her shoes perhaps her mother dissapointed. but she do not want look ugly in front of her boyfriend just because her shoes it is not good.
- b. A character feels mixed emotion. This happens when a character feel satesfied and dissapointed in one situation, for example i feel dissapointed when i need to wait the next train, but i feeling grateful because someone told me that i was leave my key in the parking area. and the other mixed emotion is when more than one emotion you have feel. for example when you are getting married and you feel so sad because you realized that you leave your parents and need to live with your a new family
- c. A character feels guilt. This situation happens when the character feel guilt about what him or her have done in the past. The emotional experience happens when the human realized and believe that him or her that they do something wrong. And make him or her feel guilt in her or him life. for the example : i can't believe that kill my sister cats, how can i forgive myself for what i have done?

d. A character has struggles and difficulty to stop doing a bad habit in him or her life. It happens because there is no lack of self-control. even when the human has a desire to let go a bad habit. but the situations cannot make him or her to leave these activities, for example: I can not to stop smoking, but I have desire to stop smoking but I cannot leave these activities because I feel something different and I am not feeling well when I am not smoking.

From the statements above as we knew as a human sometimes conflict happens in internal and external in our self it depends on the conflict itself. and the internal conflict happens the first when the character has dilemma then should to decide which one the best for him or herself. The second is when the character have mixed emotion with him or herself about how to feel satisfied and disappointed at the same time. The third is the conflict happens when the character should to deal if remember about what him or herself has done in the past. And the last conflict happens when him or her has struggle and difficulty to stop the bad habit.

## **2.5 Internal Conflict Theory**

According to Sobur ( 2011: 292-293), grouped internal conflict to some forms, they are:

- a. Approach-approach conflict, this conflict appears when there are two motives which both of them are positive (all of them are pleasure). It will create confusion to choose one of them. For example: Rika is proposed by Andre and Andi at the same time. Andre is a doctor (positive) and Andi is a police (positive).

- b. Approach-avoidance conflict, this conflict appears when there are two motives which are contradicted in one condition. There is positive motif (pleasure or happiness) and another is negative (unhappiness). It will create confusion whether approach or avoid the object. For Example: Jimmy passed as a Civil servant (positive) and he had a duty in isolation area (negative).
- c. Avoidance-avoidance conflict, this conflict occurs if in one condition, two negative motives appear. For example: A member of Gangster who is caught by the Police. He has to reveal the secret of his group to the police (negative) but if he does it he will get a threat from his group (negative).

Based on the internal conflict theory above. The writer thinks in this research the writer found some internal conflict that is faced by John Paul in “The husband’s Secrets” related with Sobur theory. And the writer will discuss the more specific in the part of analysis.

## **2.6. How to Resolve Conflict**

As we knew that every person have a conflict in their life. in face of conflict a person must have a way to resolve the conflict. According to Supratiknya, (1995:99), there are five style of managing conflict, there are namely.

### **1. Turtle style**

Theoretically, a turtle withdraws into hiding behind her shell to avoid conflict. They tend to stay away from the issue as well as the ones cause conflict. The assume every effort in solving the problem

will be vain. More easily withdraw physically or psychology of the conflict rather than deal with it

2. Shark style

Shark love conquer the opponents by forcing him to accept a solution to the conflict that he gave. For him, the achievement of personal satisfaction is a primary while the relationships with the other party does not apply. Important to him, the conflict must be broken down by way of one side wins and the other lose. The character of sharks is always looking for the win by attacking, outperform, and threatening other fish.

3. Mouse deer style

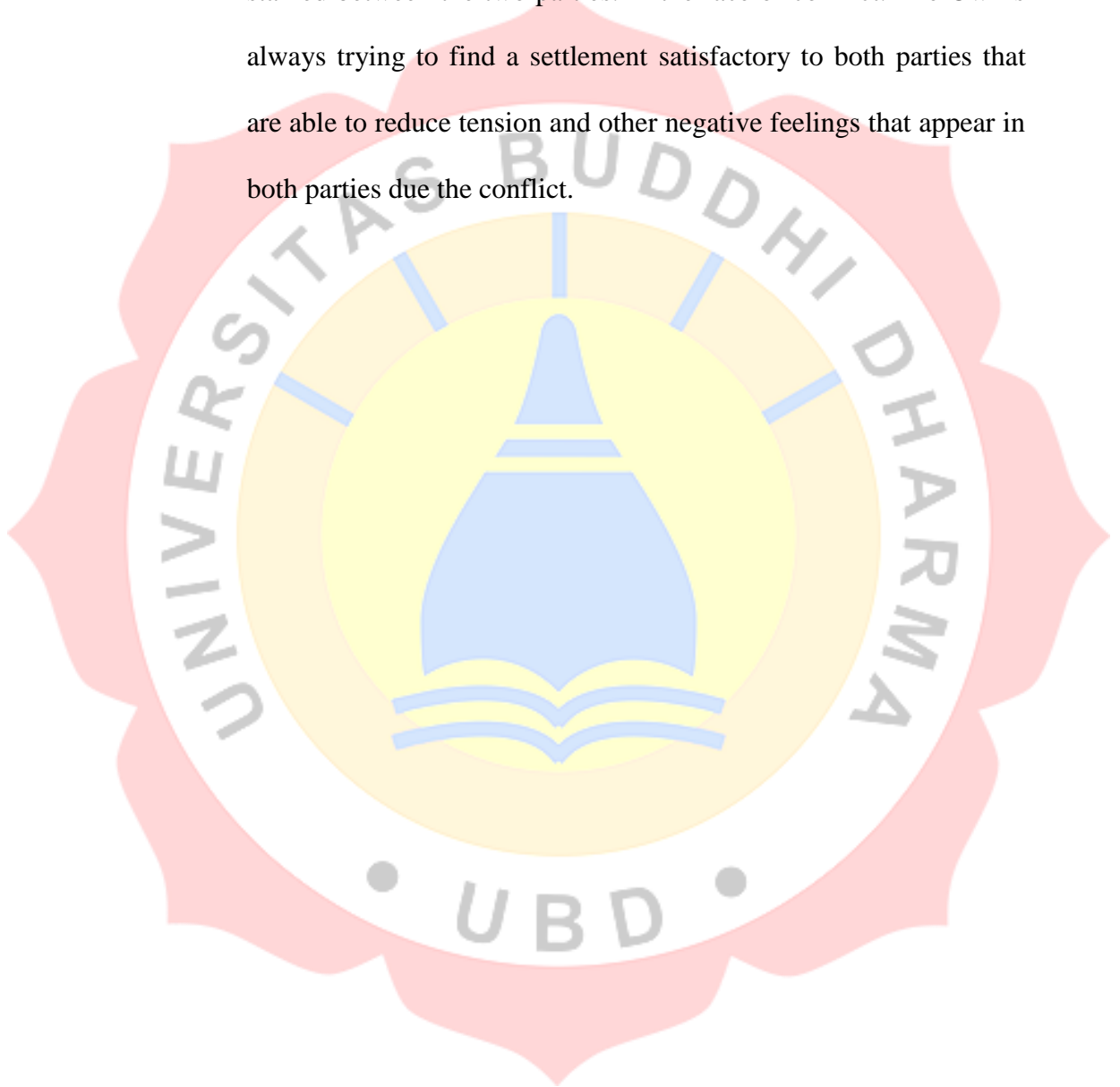
Mouse deer was more worried about the relationship and less concerned with his personal goals. He wants to be accepted and liked in other animals. He believes that the conflict should be avoided for the sake of harmony. Not every conflict may be solved without damaging the relationship. The conflict must be resolved in order to maintain the relationship.

4. Fox style

Foxes are often looking for compromise. Both the achievement of personal goals although, good relations with the other equally important enough. Fox want to sacrifice a little futher and the relationship with other parties in order to achieve the interest and the common good.

5. Owl style

Owl with the personal goals whiles his relationships with the other people. Conflict is a problem for him to look the solution, and must be in line with his personal goals or another personal goal. Beneficial conflict improves relations by way of reducing the stained between the two parties. In the face of conflict. The Owl is always trying to find a settlement satisfactory to both parties that are able to reduce tension and other negative feelings that appear in both parties due the conflict.





## CHAPTER III

### RESEARCH METHODOLOGY

In this chapter, the writer presents the subject matter to support the analysis. After that the writer presents subject material that is needed to support this analysis. Then the writer presents the approach that supports the analysis. Then the writer presents the procedure of data collection to support this analysis.

#### 3.1 Subject Matter

In this research the writer uses descriptive qualitative method to supports this analysis. As we know in descriptive qualitative method means the writer uses the data to describe and explain of the object. According to Glass and Hopkins, (1984:160) descriptive-qualitative method is method that is used to describe data in the form of words written or spoken of people of actors in the novel it can be observed. From the statement above the writer thinks that descriptive-qualitative used the



words to analyze and no need to add the numbers or variables to describe the analysis.

In this study the writer used inner conflict theory by Alex Sobur to analysis the John Paul character. From Sobur's theory there are three categories namely approach-approach conflict, approach-avoidance conflict and avoidance-avoidance conflict. And how to resolve conflict based on Supratiknya theory. As we know sometimes everybody has inner conflict and needs to face in their life. From the Sobur's theory the writer thinks it can help to analyze and describe of inner conflict John Paul as main character of the problem experienced in the inner condition of human beings.

### **3.2 Subject Material**

In this study the writer used the sources of data were divided the two parts there are primary sources and supporting sources. Then the main sources in this study is from the novel entitled "*The Husband's Secret*" a novel written by Liane Moriarty. This novel was first published on 30 July 2016. Then this novel contains 59 chapters with 496 pages. This novel is New York Times Bestseller and have sell over 3 million copies worldwide. And for supporting this analysis the writer also used the others sources there are books, journals and articles. The writer used it to help this analysis and to help finding more knowledges and get more informations related to the research questions.

### **3.3 Approach**

In analysis this study, the writer needs a approach to help the writer deeper understanding to analysis the novel. Then According to Rohberger and Wood Jr, there are five approaches that can be applied to deal with the literary work. They are formalist approach, biographical approach, social cultural-historical approach, mythopoeic approach and psychological approach. From the statement above as we knew there are so many approaches we can use to support the analysis. In this study the writer thinks the closer approach the writer can used is formalist approach the writer used formalist approach to help and find out how John Paul as main character survive his inner conflict.

Then according to Rohberger and Wood Jr states how a formalist approach is different from the other approaches said “the extreme formalist critic examines the literary piece without reference to the fact of the author’s life, without the reference to the genre of the piece or to its place in the development of the genre or in literary history, and without reference to its social condition in which a work as created (1971, p.7)”. From the statement above as we know that formalist focusing on formal features and not on extrinsic ones. The writer thinks that formalist approach only focuses on the intrinsic elements there are character, setting, moral value or message, conflict or point of view. Then the writer thinks that formalist approach is related with this study as the focus to analysis the internal conflict faced by John Paul as main character.

#### **3.4 Procedures of Data Collection**

In this study the writer did several steps to analysis. There are eighth steps that the writer did to analysis this study. The first the writer found and bought “*The Husband’s Secret*” novel in Gramedia. The second writer began to read “*The Husband’s Secret*” in order to the whole content of it. The third the writer tried to understand the story and interested to analysis the John Paul character. The fourth the writer thought that want to analysis the internal conflicts that are faced by John Paul. The fifth the writer began to underlined the sentences or the paragraphs that contains internal conflicts that is faced by John Paul. The sixth the writer wrote down the text that contains internal conflict that is faced by John Paul on the paper. The seventh the writer found the review study from the other writer about inner conflict and read some articles, journals and books about the inner conflict theory. The eighth, the writer thinks to used Alex Sobur theory. At the end, the writer began to anaylysis about internal conflict that is faced by John Paul based on Alex Sobur’s internal conflict theory and Supratiknya’s theory about five styles managing conflict.